

# JACKSON FREE CLINIC

## Monthly Newsletter

July 2022



## CARE

During June, we had **214** medical, telehealth, dental, and social health visits. We had **142** student volunteers representing medicine, pharmacy, nursing, dental, OT/PT, and undergraduate institutions with over **638** individual volunteer hours.

## EDUCATION

This month we trained our new third year medical students to be team leaders for the clinic. The medical students will now be able to lead student teams to better patient care and teach younger students how to be not only effective clinicians but also patient advocates!

## OUTREACH

Our Community Health Outreach volunteers delivered COVID vaccines and performed blood pressure and blood glucose health screenings and for **93** patients at local shelters, community centers, and events within our Jackson community.

## STUDENT SPOTLIGHT

**“IF THE KID VERSION OF ME COULD HAVE SEEN THIS LOVE, HE WOULD’VE BEEN SPARED A LOT OF ANXIETY AND HEARTACHE.”**



"When you grow up gay and feminine, you quickly learn how much nonverbal communication and body language can signal to others. When you're picked on for "sounding gay," "acting gay," or "walking gay," you learn how to police yourself and control pretty much every aspect of your presentation and personality. This described the first 19 years of my life. In college, I became more comfortable with who I am, but I didn't have what every LGBTQ+ person needs: community. During M1 year, I found that community within my own class. It may be small, but it means everything to me. I've felt so validated not only by my LGBTQ+ besties, but also by many straight cisgendered allies within the medical school. There are those who are anti-LGBTQ+ or simply indifferent to us, but whenever we hear the support from those outside the community, it really uplifts us and gives us hope that things are changing for the better and that bigotry is becoming an increasingly smaller minority. This is why the JFC feels like such an affirming, open environment. There's a 0 tolerance policy for any ignorance on not only LGBTQ+ health and social disparities, but also on similar issues related to race, religion, ethnicity, and more. Whenever I see straight allies at the JFC so educated in LGBTQ+ health, it makes my heart happy. It makes me feel like my community isn't being marginalized, and that it's finally being taken seriously. JFC welcomes ALL, and this helps us achieve better health for Mississippi. Whether people are poor or rich, black or white, young or old: there are people in all walks of life that are LGBTQ+. Seeing JFC publicly support us and help our community not only strengthens health in ALL of our communities, but it also means a lot to people like me. We see your support, and it means everything."

Brooks Fleming | M2 + JFC Volunteer

# DENTAL HYGIENE IS BACK AT JFC

We were so excited to have dental hygiene students back at the clinic this month to offer dental cleaning appointments to our patients. Oral health plays a key role in our overall health and preventative dental cleanings can prevent future dental complications.



# OUR NEW COMMUNITY GARDEN

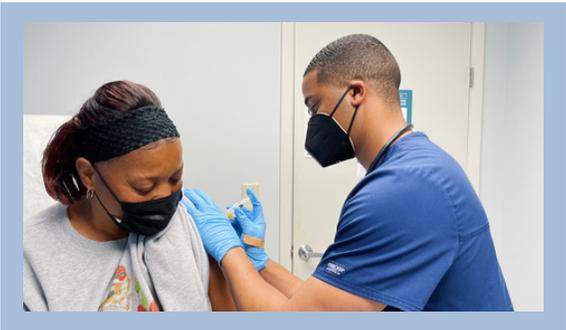


"JFC has grown in so many ways the last couple years, including impacting patients' health outside of our clinic walls. Often times, we tell our patients they need to try and have a healthier diet, or get more exercise to improve their health outcomes. To help our patients access healthy foods, a few of us decided to turn 600 sq ft of our unused lawn into a community garden. It has been a great first step to help our patients take control over their health. I have loved being able to take a break from rotations and studying to work outside and watch this project come to life. Last Saturday, we got to see the fruits of our labor when we had nine very excited patients receive a full bag of vegetables."

-Luke Wojohn, Facilities Director

# LET'S GET VACCINATED!

We partnered with Community Health Center Association of MS to give \$25 gift cards to anyone who received a COVID vaccine!



# EVIDENCE-BASED PRACTICE

Chief Specialty Services Officer, Melanie Baker presented at the 2022 ACP conference about the use of empiric antibiotic use for STI treatment at our clinic! We believe in practicing evidence-based medicine for our patients!

