# JACKSON FREE CLINIC

Monthly Newsletter

October 2022



## **CARE**

During August, we had <u>118</u> medical <u>22</u> social health, <u>6</u> rehabilitation, and <u>29</u> dental visits. We had <u>145</u> student volunteers representing medicine, pharmacy, nursing, dental, OT/PT, and undergraduate institutions with over <u>785</u> individual volunteer hours.

## **EDUCATION**

Education at the Jackson Free Clinic can look very different! Our volunteers participate in patient education, student to student education, educational seminars, and evidence-based research to ensure we are providing the most effective care possible for our patients.

## **OUTREACH**

Our community garden has only been at the JFC for a 18 weeks, but we have given out 164 bags of fresh vegetables (over \$700) to our patients. We also have healthy and easy recipes to pair with our produce! We are so proud of the garden team!

## MENTAL HEALTH SERVICES

OUR MENTAL HEALTH SERVICES HAVE EXPANDED GREATLY THROUGHOUT THE PAST FEW YEARS TO INCLUDE INPATIENT PSYCHIATRIC VISITS, OUTREACH EVENTS &, MOST RECENTLY, TALK THERAPY!

WE ARE SO THANKFUL FOR OUR DONATION FROM THE MISSISSIPPI PSYCHIATRY ASSOCIATION. THIS GENEROUS DONATION WILL HELP US EXPAND TO MEET THE NEEDS OF OUR COMMUNITY!

"WE ARE HAPPY TO SUPPORT THE JACKSON FREE CLINIC, WHERE SO MANY OF OUR EARLY CAREER PSYCHIATRIST MEMBERS HAVE VOLUNTEERED IN THE MENTAL HEALTH CLINIC."

-DR. MARK LADNER



## JFC BEYOND MEDICINE





# STEPPING UP DURING THE JACKSON WATER CRISIS

Access to clean water is a fundamental health need. With the help and generosity of our community, partners, and volunteers near and far, we have raised \$9,872 for our efforts. With these funds, we have been able to donate over 7,000 water bottles, 600 waterless hygiene products, and 100 half gallon water jugs, to 150+ community members. We are overwhelmed with the support we have received and the desire to serve others within our community. We will continue to address every aspect of our patients' health to the best of our ability. Clean water and hygiene supplies are available for pickup during clinic days while supplies last.









## **UPCOMING EVENTS AT JFC**



## **Hispanic Heritage Month Seminar**

Join us October 3rd for an insightful lecture with Dr. Licy Yanes to celebrate Hispanic Heritage in Medicine Month! Dr. Yanes plays a critical role in our Hispanic Clinic and in our rural outreach to Hispanic communities statewide!

"I can see crystal clear, always, when I enter the clinic room and start the visit with a "Buenos Dias" or "Hola" their hearts and souls immediately open up, and by so the healing process begins." -Dr. Licy Yanes

A special thank you to Impact the Race for your support of this event.

Join Here!



#### Flu Vaccine Blitz at the JFC

We are partnering with Walgreens to offer flu vaccinations at the clinic October 15th from 10am-3pm free of charge for the uninsured. Call to be scheduled today. We want to ensure that flu vaccinations are accessible to our patients and community. Thank you, Walgreens for your donation!



# MENTAL HEALTH SCREENINGS DIABETIC FOOT CHECK DENTAL HYGEINE BLOOD PRESSURE AND GLUCOSE SCREENINGS WATER AND WATER AND WATER SHYGEINE PRODUCTS SOCIAL HEALTH SERVICES JACKSON FREE CLINIC 925 MARTIN LUTHER KING JR DR

### **Jackson Free Clinic Fall Wellness Event**

On October 23rd from 2pm-5pm, we will be hosting a Fall Wellness Fest for our community and neighbors that will include free haircuts, dental hygiene consultations, mental health screenings, water and hygiene resources, blood pressure and glucose screenings, social health services, financial literacy counseling, diabetic foot checks, and COVID-19 vaccines!

Thank you to our partners Studio G Salon, Apollo Hair Design, Imhotep Charter High School, The Citizens Bank, Urban Foxes, and more!

## **Weekly Preventive Health Initiatives at JFC**

**Colorectal Screening Program** 

**Primary COVID Vaccines & Bivalent Boosters** 

**Breast and Cervical Cancer Program** 



#### Meet the PR Team!

Thank you so much for supporting the JFC and our mission! We love sharing our stories and successes each month with you all. If you would like to see more of a certain topic, send us an email!

-Reagan & Rose

REAGAN@JFCHEALTH.ORG

