

JACKSON FREE CLINIC

Monthly Newsletter

November 2023



CARE

During October, we had 99 medical, 24 social health, 5 rehabilitation, and 30 dental visits. We had 165 student volunteers representing medicine, pharmacy, nursing, dental, OT/PT, and undergraduate institutions with over 1042 individual volunteer hours.

EDUCATION

UMMC pediatrician Dr. Galarza was our seminar speaker this month, helping us recognize and celebrate National Hispanic Heritage Month. Dr. Galarza has worked to ensure accessibility for Hispanic and rural communities and teach students basic medical Spanish in her clinic and beyond.

OUTREACH

Last month, we hosted 8 outreach events and interacted with over 125 community members. We are particularly excited about starting a patient and staff health education series at Grace Place!

WOMEN'S WELLNESS & WATER SAFETY DAY



Thank you so much to everyone who participated in and attended our Women's Wellness & Water Safety Day at JFC! We gave out waters, filters, formula mixing cups, and shared information from various community partners including Institute for Advancing Minority Health, Care4Me Services, MS Urban League, Double Up Food Bucks, & 601 for Period Equity.



This project was supported by the Community Foundation for Mississippi through its Helping Friends and Neighbors Fund.

ACCESS TO HEALTHCARE EXPO

We hosted our first ever Access to Healthcare Expo this month! This event is a part of our efforts to empower patients through information and broadened access to health services. We love serving our uninsured population, but what we love more is seeing our patients get access to comprehensive health services!

IN PARTNERSHIP WITH:

- Children's Defense Fund
- Southern Rural Black Women's Initiative
- Get Covered MS
- Central MS Planning & Development District | Area Agency on Aging
- Oak Hill Regional CDC
- Mississippi Votes
- Community Foundation for Mississippi Helping Friends and Neighbors Fund



WRAPPING UP HISPANIC HERITAGE MONTH

This past month, we celebrated Hispanic Heritage Month at JFC. We had two rural outreach events supporting the Hispanic community: one in Forest with El Pueblo and another in Canton with MIRA. Hispanic Services Director David Uribe helped lead the event with JFC outreach board members.

We spoke with Carolina Bermudez, a case worker with El Pueblo, who noted the meaning of Hispanic Heritage Month to her is "being able to gather together the Hispanic cultures represented in the area to show our culture, food, beliefs, and dances". Bermudez also emphasized the access to healthcare in the area being "low" and "lacking of representation". However, the community and El Pueblo are working to find ways to improve the non English speaking patients' access to the healthcare system".

We also had the honor of hosting Dr. Ivonne Galarza, who shared insightful stories and taught us about caring for Hispanic/ Latino patients! Dr. Galarza has been a staple in ensuring accessibility for all patients throughout her career by implementing virtual clinical visits through Telehealth and by assisting students interested in learning basic medical Spanish . We have loved celebrating Hispanic Heritage Month at the JFC and look forward to continue celebrating the diverse communities we serve!



NEW COMMUNITY PARTNERS!

Thank you to MS Votes and the Beta Rho chapter of Kappa Psi for providing essential health and advocacy resources to our patients.



CELEBRATING THE JFC PHARMACY'S 3000TH PRESCRIPTION

