



# ANNUAL REPORT

JFC IN 2022



# ABOUT US



The Jackson Free Clinic is a student-owned, student-run 501(c)(3) non-profit providing free medical, dental, psychiatry, rehabilitation, pharmacy, social health, and specialty medical services to Mississippi's uninsured.

We are serving our state's most vulnerable people while educating the next generation of compassionate health professionals in Mississippi. Our clinic has expanded our services, hours, and outreach efforts to meet the needs of our growing patient population and to bridge the gap in making healthcare more accessible. We are filling a vital role in the safety net for many vulnerable Mississippians, and we are so grateful for the volunteers and donors that make this work possible.

# OUR MISSION

## CARE

We will provide high-quality health services to underserved Mississippians with an emphasis on equity, accessibility, compassion, and respect for our patient's lived experiences.

## EDUCATION

We will provide opportunities to learn, teach, grow, and collaborate across professional disciplines and life backgrounds for our patients and volunteers in an inclusive and educational environment.

## OUTREACH

We will extend our work beyond the walls of the clinic to foster deep community partnerships and provide supportive health services that address social determinants of health in our community.

## DIVERSITY

We will serve every patient and learner who walks through our doors, regardless of their race, socioeconomic status, sexual orientation, language spoken, or other life experience that might differ from our own. Our vision for promoting diversity, equity, and inclusion extends from the board room to the exam room.

# OUR SERVICES



PRIMARY CARE SERVICES



IN-HOUSE PHARMACY



PATIENT ASSISTANCE



DENTAL SERVICES



REHABILITATION SERVICES



PSYCHIATRY



TALK THERAPY



WOMEN'S HEALTH



REHABILITATION SERVICES



PREVENTATIVE HEALTH



VACCINATIONS



TELEHEALTH



SOCIAL HEALTH SERVICES



HISPANIC CLINIC



DERMATOLOGY



OUTREACH SERVICES

# 2022 HIGHLIGHTS

## PLANTING A COMMUNITY GARDEN



**30**  
WEEKS

**280+**  
BAGS OF PRODUCE

**\$1200+**  
WORTH OF PRODUCE

In 2022, we planted a community garden in our own backyard to provide fresh fruits and vegetables for our patients who may otherwise not have access to them. On Saturdays, patients are invited to grab a produce bag filled with their favorite fresh picks from our garden! Along with providing produce, we have partnered with UMMC Preventive Health to create easy to follow recipes featuring vegetables from our garden for our patients to use!

"JFC has grown in so many ways the last couple years, including impacting patients' health outside of our clinic walls. Often times, we tell our patients they need to try and have a healthier diet or get more exercise to improve their health outcomes. To help our patients access healthy foods, a few of us decided to turn 600 square ft. of our unused lawn into a community garden. It has been a great first step to help our patients. I have loved being able to take a break from rotations and studying to work outside and watch this project come to life. We love seeing the fruits of our labor when we are able to send some very excited patients home with a full bag of vegetables."

Luke Wojohn | Facilities Director

## MAKING STRIDES IN MEDICATION ACCESSIBILITY

Our in-house pharmacy is open on all clinic days for patients to fill prescriptions after their appointments free of charge. Our pharmacy stocks over 100 medications through Direct Relief and our McKesson formulary. Our medical teams work to ensure medications prescribed outside of our inventory are affordable; however, we recognized that we could do more to meet our patients' medication needs. This year, we expanded our medication offerings through creation of a Patient Assistance Program and partnership with the Dispensary of Hope with Baptist Family Pharmacy.



### Patient Assistance Program

This committee of fifteen interdisciplinary volunteers has expanded our offerings by 56 medications, whose monthly cost ranges from \$50 to \$780. In total, we are saving patients \$26,630 per month.

"We want to make connecting our patients to new, expensive medications as seamless as possible. Through meticulous management, organization, and communication from our team, we can bring these medications to our patients at no cost."

Harshin Sanjanwala | Patient Assistance Co-Director

### Dispensary of Hope

The Dispensary of Hope with Baptist Family Pharmacy partnership has expanded our patients' access to free medications by over 300 drugs! This partnership has improved the accessibility of crucial medications that are life-changing for our patients.

"The Baptist Family Pharmacy has welcomed our patients with open arms! Their staff makes every effort to ensure they stock the medications our patients need most based on our most common chief complaints."

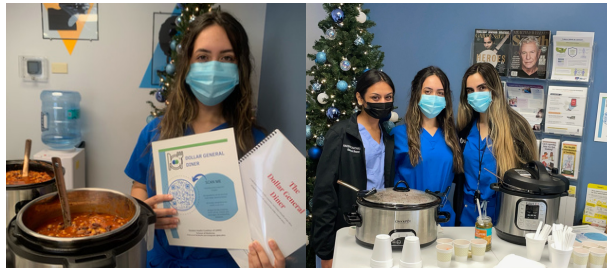
Melanie Baker | Chief Specialty Services Officer



# 2022 HIGHLIGHTS

## DOLLAR GENERAL DINER COOKBOOK

JFC's Lifestyle Medicine services partnered with UMMC's Student Health Coalition to promote "The Dollar General Diner" cookbook, in an effort to provide easy, affordable, and healthy food options for patients. This team comes to the clinic at least once per month to cook one of the delicious recipes to showcase to patients!



## NEW YEAR, NEW HOURS

JFC had two major schedule changes in 2022. Starting in January, we began offering Saturday appointments one hour earlier. This change was met with overwhelming enthusiasm from patients and volunteers. As our specialty clinic offerings continued to grow to meet patient demands throughout the year, we realized we had exceeded our time and space available on Saturdays. In order to address this issue, we began opening our clinic on weeknights for the first time in JFC history! We hope to continue to expand our hours in the coming year to make our services more accessible to our community.

## Open Hands Clinic

This year, we opened up our doors at night to host our first ever Open Hands Clinic. This clinic, in partnership with Hinds County Probation Office and New Way Transitional Home, connected post-incarceration individuals with healthcare at JFC. This is just one way that our volunteers are going above and beyond to continue our mission of providing equitable healthcare to the underserved.



"Open Hands Clinic is the Jackson Free Clinic's effort to provide healthcare to those who are transitioning back into society, which is often a time where patients are without health insurance. It is our hope that we can provide primary care to all members of our community [in need]."

**Eric Lucas | Minor Health Outreach Director**

## Water Distribution

When Jackson's water system failed and water was inaccessible, volunteers and donors from all over Mississippi and the country donated and stepped up to provide water to our community! As a result, we opened our doors on holiday weekends and Sundays for patients to pick up water bottles and waterless hygiene supplies.



## Specialty Clinics After Dark

Gynecology and Hispanic Clinic are typically only offered on Saturdays, but for the first time, they offered appointments on weeknights to provide more flexibility for patients and providers. Additionally, our new Talk Therapy clinic is now offered regularly on the first Tuesday night of each month!





# CARE

A healthcare worker with long dark hair, wearing a light blue surgical mask, teal scrubs, and a black jacket, is seated on a brown swivel stool. She is holding a clipboard and writing with a pen. In the background, a patient is lying down on a medical table. The setting is a clinical room with light blue walls and a white ceiling. A medical equipment panel with a blood pressure cuff and other devices is mounted on the wall to the left.

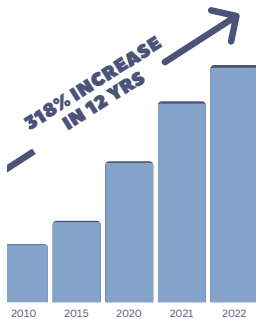
"I AM SO THANKFUL FOR EACH PERSON AT THIS CLINIC. BEFORE I CAME HERE, I THOUGHT NO ONE CARED ABOUT ME OR MY FAILING HEALTH. BUT YOU ALL HAVE GIVEN ME HOPE AND THE CARE I NEEDED. THANK YOU FOR EVERYTHING YOU DO FOR US."

L.T. | JFC PATIENT

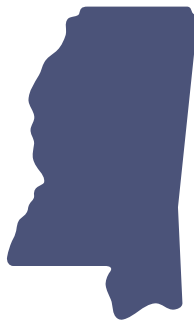
# OUR YEAR IN NUMBERS



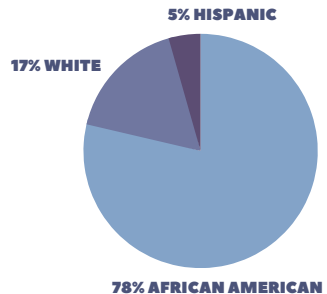
**2319 VISITS**



**88 CITIES**



**1130 PATIENTS**



PATIENTS ARE SAYING:

**JFC IS..**

"CARING"

"WHERE MY DOCTORS ARE"

"A SAFE PLACE"

"A PLACE WHERE I AM TAKEN CARE OF"

"KIND AND FRIENDLY"

"ALWAYS THERE FOR ME"

**1,815**

**VOLUNTEERS**

We solely rely on dedicated student and professional volunteers to care for our patients each day our doors are open. Our teams go above and beyond to both educate future healthcare professionals and serve our community.

**8**

**PROFESSIONS REPRESENTED**

Our interdisciplinary team includes physicians, pharmacists, dentists, dental hygienists, occupational therapists, physical therapists, nurses, population health professionals, and their respective student counterparts. Each of these fields offer expertise that is crucial in delivering high-quality patient care.

**10,158**

**VOLUNTEER HOURS**

Each hour represents time, energy, and passion our volunteers dedicated to furthering our mission in 2022. We are grateful and continually amazed by the commitment our volunteers show to our community. We are also humbled by the countless unlogged hours devoted behind the scenes.

VOLUNTEERS ARE SAYING:

**JFC IS...**

"MY COMMUNITY"

"A PLACE TO LEARN FROM REAL PATIENTS"

"WHERE I MAKE A DIFFERENCE"

"ACTIVE"

"INNOVATIVE"

"WELCOMING"

"SERVING"

# A TYPICAL VISIT AT JFC

Below is a small glimpse into the different pathways a patient can take for their care at JFC. While the operations of the clinic may be complex, our mission is simple: make healthcare more accessible to our fellow Mississippians in need.

## First, check-in, intake, and vitals!

### Patient Navigators

This group of interdisciplinary students streamlines your check-in and check-out process, and they make sure that we have all of your information necessary for your visit and follow-up!



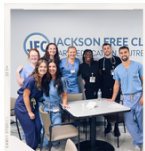
### Nursing Students

Our new team of nursing students records your vitals and assists in your check-in process before you see your care team. They bring a unique set of skills to our check-in system!

## Next, visit with one (or more) of our care teams!

### Medical Clinic

If you are like most of our patients, you are here to see our general medical teams! Your care is led by an upper level medical student and their team of preclinical medical students, undergraduate students, and pharmacy students. This group will build a care plan under the guidance of resident and attending physicians, run relevant labs, perform preventive health screenings, and prescribe medications.



### Rehabilitation Services

You may be here to see our rehabilitation team composed of physical and occupational therapy students supervised by licensed therapists who work to improve movement, minimize pain, and restore normal daily function for you! We offer physical and occupational therapy on a regular basis and have even offered pelvic floor PT for Women's Health Day in the past!



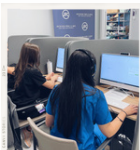
### Specialty Clinics

You may be here to see one of our many medical specialty teams. Perhaps you are here for a skin biopsy with Dermatology, a medication refill with Psychiatry, a talk therapy session with Psychology, an ultrasound with Radiology, or an IUD placement with Gynecology. Wherever you are headed, our student team supervised by a licensed specialist is ready to care for you!



### Dental Clinic

If you are here to have a tooth pulled, get a radiograph, or have your teeth cleaned, you will head over to our dental clinic! Patients will see a team of dental students for extractions and dental hygiene students for cleanings all supervised by a dentist or a licensed hygienist. Oral health care is expensive and we recognize the importance that oral care plays in the overall health of many of our patients!



### Telehealth Services

Maybe you aren't able to come to the clinic today for your medical or psychiatric visit. If this is the case, you are waiting for a call from our Telehealth team! This team is composed of upper level medical students supervised by an attending physician. This is a huge benefit for our rural patients or those without transportation!



### Social Health Clinic

Like many people, your health may be a result of a variety of social burdens. Our team of interdisciplinary students will look beyond medicine to connect you with resources in the community to address these social needs. You will even be given a care kit of personal hygiene products, dry and canned food items, and a free Uber Health ride home!

## Finally, it's time to pick-up your prescriptions and check out!



### In-House Pharmacy

After your visit, pick up your FREE prescription from our pharmacy. You will see both pharmacy students and residents supervised by a licensed pharmacist. This team is always eager to answer questions you may have about your medications.



### Dispensary of Hope

Before you make it home, you may need to stop by the Baptist Family Pharmacy to pick up your prescription from their Dispensary of Hope. Baptist is proud to partner with JFC to provide a wide variety of free medications for our patients not offered in-house!



### Referrals

You may be given information on any referrals to health services outside the clinic and how to contact Financial Assistance in order to access these affordably!

## PATIENT TESTIMONY: SHIRLEY NICHOLS

"I have been coming to the JFC for over 8 years now. My brother introduced me to you all since I don't have insurance. I keep coming back because every time I come everything runs so smoothly when I see my doctors and get my medications. I keep coming not only because it is convenient but everyone is so kind and cares about me."





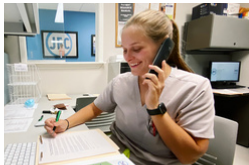
# SPECIALTY SERVICES

Our specialty services team strives to expand our clinic to better meet the needs of our patients. In 2022, this included the addition of Talk Therapy, in-house Spanish interpreters, a patient assistance programs team to secure free medications, and more!

## PSYCHIATRY



## LANGUAGE SERVICES



## WOMEN'S HEALTH



## PHARMACY



## ULTRASOUND



## DENTISTRY



## DERMATOLOGY



## TALK THERAPY



## PATIENT ASSISTANCE



## REHABILITATION



## MENTAL HEALTH SERVICES 132 VISITS

Our Mental Health Services include both in-person and telehealth psychiatric visits, outreach mental health screenings, and talk therapy sessions. We were honored to receive a generous donation from the MS Psychiatry Association to purchase equipment necessary to revitalize our mental health services space and conduct mental health community outreach events.



"THE GOAL OF TALK THERAPY IS TO SIMPLY MAKE MENTAL HEALTH AS NORMAL AS PHYSICAL HEALTH. IT IS ALL PART OF YOUR WELL-BEING"

"There is a need for Talk Therapy so that patients have a safe space to talk with a psychologist to help process and problem-solve the many stressors and concerns in their lives. Talk Therapy also provides an opportunity for medical students to be exposed to psychological interventions, especially in a brief, problem-focused format. I am very honored to be a part of this new clinic and look forward to seeing how it will grow and impact the community."

Dr. Danny Burgess | JFC Supervising Psychologist

# SPECIALTY SERVICES



## REHABILITATION SERVICES 44 VISITS

Our rehabilitation team evaluates and treats patients referred by our medicine teams for musculoskeletal problems.

"Volunteering at JFC for the first time was eye-opening. A clinic, fully staffed by students, operating like a well-oiled machine was a site to see. The energy, compassion, teamwork, and care dedicated to the patients is superb. As a student, I am honored to have access to such a place that allows me to give back to the community of Jackson, MS and help those in need. I love interacting with our patients and hope we can continue to grow with the help of our donors and continued dedication of our volunteers."

Marquita McIntosh | Rehab Services Co-Director



## DENTAL SERVICES 323 DENTAL PATIENTS 56 HYGIENE PATIENTS

Founded in 2020, our Dental Clinic has expanded its services to include extractions, limited oral examinations, radiology, and most recently, dental hygiene cleanings! This clinic serves patients at least twice a month, for both appointments and walk-ins.

"JFC has encouraged me to go out and be engaged with my community. It has also shown me that communication and cohesion with the people you work with is a necessity to provide the highest quality of care for your patients."

Jack Cutrer | Dental Services Co-Director



## PHARMACY SERVICES & PATIENT ASSISTANCE

In 2022, our in-house pharmacy prescribed **1035 FREE** medications to our patients.

Along with medications, our pharmacy conducts medication reconciliations, counseling, and provides free insulin. Our new Patient Assistance Program ensures our patients receive their medications at a cost that is affordable AND have careful follow-up every 3 months. This program is projected to provide **\$319,560** worth of savings to patients per year on Eliquis, Jardiance, Cymbalta, Trijardy, and more! For medications not in our formulary, we have sent over 75 prescriptions to the Dispensary of Hope with Baptist Family Pharmacy in order to address this gap.



# SPECIALTY SERVICES

## HISPANIC SERVICES 200 PATIENTS

In the US, Hispanic patients are the most likely to be uninsured of all minority groups and the least likely to seek care. Because of social and economic barriers, many go without healthcare. One way JFC is bridging the gap is by hosting a dedicated clinic day to provide quality care in Spanish for Hispanic patients: **Clínica Médica**. It was founded in 2021 after our rural outreach team forged connections in primarily Spanish-speaking communities with our COVID-19 vaccination efforts. Now, our clinic has served 220 Hispanic patients in total.



### SERVICES OFFERED IN SPANISH

- Bi-monthly Clínica Médica
- In-person, certified language assistants
- Medical Spanish classes led by our Hispanic Services Director
- Spanish telephone and voicemail services
- Rural Spanish-speaking community outreach with vaccinations and health screenings



### BREAST & CERVICAL CANCER SCREENING

### IUD PLACEMENT AND REMOVAL

### PELVIC FLOOR REHABILITATION

### FREE ORAL CONTRACEPTION PILLS

### ENDOMETRIAL BIOPSIES

### FERTILITY COUNSELING

## WOMEN'S HEALTH SERVICES 48 VISITS



Our partnership with UMMC OBGYN to provide additional Women's Health Services was brought to new heights in 2022 as we celebrated a full year of Gynecology Clinic in August! We transitioned from a quarterly two-room offering on Saturdays to a weeknight clinic with capacity to see four times the amount of patients. **We were honored to receive funding from UMMC Office of Diversity and Inclusion's Inclusive Excellence Impact Program for our project "Health Equity for Mississippi Women" which aided in our Gyn Clinic expansion and student education efforts.** We are thrilled to be able to offer a variety of services in our clinic as well as provide referrals to UMMC Reproductive Endocrinology and Infertility as well as local obstetricians for pregnancy and peri-natal care.



"My experience with the gynecology specialty clinic at JFC has been an educational experience like no other. I have thoroughly enjoyed learning from such a precious patient population and incredible providers. It has given me the opportunity to expand my clinical knowledge, enhance my procedural skills, and practice my teaching skills. I'm so thankful for this clinic and the work that is being done for the underserved population in Jackson."

JudiBeth Stevens | Fourth Year Medical Student

## DERMATOLOGY 22 VISITS



Our Dermatology Clinic provides skin examinations of suspicious lesions and rashes, skin biopsies, and cryotherapy. Students interested in Dermatology, Residents, and Attendings all volunteer together to see patient. We are so thankful to partner with UMMC Dermatology to provide these services!

## ULTRASOUND 8 VISITS



Our Ultrasound Clinic provides thyroid, breast, liver, gallbladder, spleen, and soft tissue scans. Our ultrasound team also offers assistance with POCUS exams and phlebotomy. We owe a special thank you to UMMC Radiology for providing physicians and the ultrasound machine at the JFC!



# EDUCATION



"WHEN I AM ABLE TO LEARN FROM THE AMAZING PATIENTS AT JFC, WHAT I LEARN STICKS WITH ME LONGER THAN JUST CLASS & TEXTBOOKS. I BELIEVE IT IS BECAUSE OF THE IMPACT I HAVE ON MY PATIENT'S HEALTH THAT WILL MAKE ME A BETTER PHYSICIAN."

4TH YEAR MEDICAL STUDENT

# EDUCATION AT THE JFC

At the JFC, we are training the next generation of compassionate providers who practice evidence-based medicine and patient-centered care. We host various education initiatives tailored to interprofessional students, undergraduate students, and even current professionals.



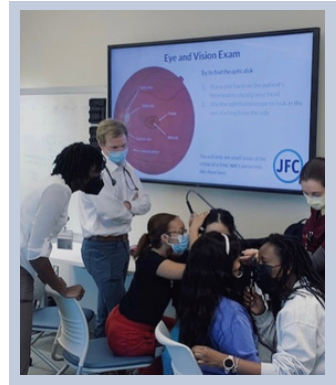
## Student-Led Research

Student-led research projects ensure that we are practicing evidence-based medicine while fostering students' thoughtful pursuits of improving our patient care through research. This past year, former executive officers Michael Hohl and JoJo Dodd published a study titled "A Retrospective Review of the Patient Population served by the Jackson Free Clinic, a Student-run Free Clinic in Jackson, Mississippi" with Dr. Alan Penman in the *Journal of Health Care for the Poor and Underserved*.



## Ultrasound Training

Dr. Hoda from the UMMC Emergency Medicine Department taught our general board members how to perform ultrasound-guided phlebotomy! This is an important skill for our students, as we do all of our own phlebotomy at the clinic for our patients. Ultrasound-guided phlebotomy is a great option to ensure that we are creating the safest and most comfortable experience for the patient!



## IMP1 Selective

The IMP1 Selective is a course for first-year medical students offered in the Spring at UMMC. Over the semester, 16 first-year medical students cover the physical exam for all body systems! This introduces pre-clinical students to physical exam skills, ultrasound, and phlebotomy early to improve their confidence and efficiency within the JFC and their future clinical experiences.

# STUDENT EDUCATION LECTURE SERIES

Our lecture series serves as a venue to educate students, advocate for our current and future patients, spread awareness on diverse topics, and enrich the educational experience of students. Our hope is that these lecture topics will equip students with tools to empower patients and be more culturally competent throughout the duration of their careers.



## HISPANIC HERITAGE MONTH SEMINAR

Dr. Licy Yanes presented an insightful lecture shedding light on Hispanic culture and experiences in celebration of Hispanic Heritage in Medicine Month. Dr. Yanes also serves as our faculty director for Hispanic Clinic and assists in our rural outreach statewide!

## FOOD AS RESISTANCE WITH GRITS

Sadé Meeks presented "Food as Resistance," a presentation that explores the African American food story and teaches us how food can be a part of resistance to systemic racism. It shines a light on the increased prevalence of health disparities and challenges faced by the African American population and demonstrates how black culinary history and cultural foods can help decrease food-based risk factors.



## BREAST CANCER AWARENESS

Dr. Scott Berry led a seminar teaching students how to evaluate common breast complaints in honor of Breast Cancer Awareness month. This lecture equipped students with information and skills that they can share with patients to ensure they are knowledgeable about breast health and to promote early detection.



# ADVOCACY AT THE JFC

## PRIDE MONTH

IN SUPPORT OF PRIDE MONTH, OUR TEAM PARTNERED WITH LOCAL PRIDE GROUPS TO PROVIDE HEALTH SCREENINGS, EDUCATION, COVID VACCINATIONS, AND A STUDENT DESIGNED LGBTQ+ RESOURCE SHEET!

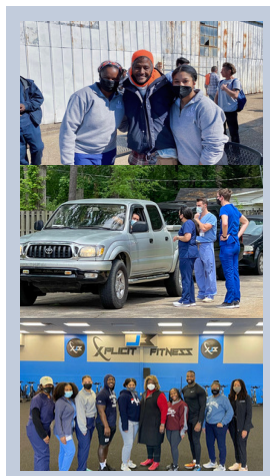
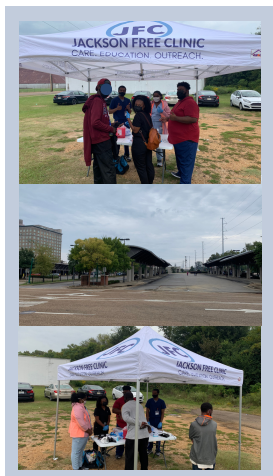


"I've felt so validated not only by my LGBTQ+ besties, but also by many straight cisgendered allies within the medical school. There are those who are anti-LGBTQ+ or simply indifferent to us, but whenever we hear the support from those outside the community, it really uplifts us and gives us hope that things are changing for the better and that bigotry is becoming an increasingly smaller minority. This is why the JFC feels like such an affirming, open environment. There's a zero-tolerance policy for any ignorance on not only LGBTQ+ health and social disparities, but also on similar issues related to race, religion, ethnicity, and more. Whenever I see straight allies at the JFC so educated in LGBTQ+ health, it makes my heart happy. It makes me feel like my community isn't being marginalized, and that it's finally being taken seriously. JFC welcomes ALL, and this helps us achieve better health for Mississippi. Whether people are poor or rich, black or white, young or old: there are people in all walks of life that are LGBTQ+. Seeing JFC publicly support us and help our community not only strengthens health in ALL of our communities, but it also means a lot to people like me. We see your support, and it means everything."

Brooks Fleming | Second Year Medical Student

## BLACK HISTORY MONTH

Each year, the Jackson Free Clinic hosts a variety of educational, outreach, and fundraising events to celebrate Black History Month in February. We partner with organizations throughout the state to extend our services to as many neighbors as possible. As the JFC's patient population is over 75% African American, we are so grateful to be able to make these extra efforts to show our students' care and support of the African American community.



### MOBILE PSYCHIATRY

Our team volunteered at the JATran bus stop to perform psychiatric evaluations for 15 patients. This event allowed our volunteers to reach new community members and expand our psychiatric services beyond the walls of the clinic.

### SNMA & SNDA DAY

Each year, volunteers from Student National Medical/Dental Association celebrate Black History Month by taking over the medical and dental clinics for a day to provide care to our patients. It's important that our patients see themselves represented in our volunteers.

### OUTREACH EVENTS

Our team volunteered at XplicitJ3 Fitness, a Black-owned gym, and Shower Power to offer free blood pressure screenings, diabetes screenings, and wellness kits with the American Diabetes Association to 51 patients.



# STUDENTS AT THE JFC

## Jackson Free Clinic Health Ambassador Programs



Our ambassador program empowers undergraduate students at 7 institutions statewide to be involved with JFC by volunteering with clinic and outreach events, assisting with fundraising efforts, training as Community Health Advocates, and learning about preventive care.

Some of the events that JFCHA chapters have coordinated this year include health screenings at campus-wide involvement fairs and festivals, health screenings outside student unions, CPR training, hygiene and sock donation drives for JFC patients, blood drives, fundraising challenges, profit-share benefit days, and much more!

In February 2022, we held our first ever JFC Health Ambassadors Retreat. Ambassadors spent a day at UMMC, where they completed Community Health Advocacy training, Stop the Bleed training, networked with other undergraduate students, and heard from guest speakers about the history and current efforts of the JFC. They also learned how to take a patient history and heard from student representatives from a variety of UMMC schools including nursing, dental, medical, pharmacy, and physical and occupational therapy.



### Check out what our student volunteers have to say about learning at JFC!

"The Jackson Free Clinic has allowed me to learn skills and interact with patients in ways that I would never get from school, alone. Learning both from and with real patients grounds what I am doing in reality and makes me much more appreciative for the opportunity I have been given to be in medical school."

**Second Year Medical Student**

"I love volunteering at the dental clinic at JFC because it allows me to see first-hand the oral health disparities in surrounding communities. It feels good to be able to get people out of pain, and I am excited about the implementation of preventative and restorative dental services."

**Fourth Year Dental Student**

"Being on the team at JFC has been one of my favorite experiences of pharmacy school. I'm able to learn alongside other health profession students and collaborate to create a plan specific to our patient's needs. It can be easy to get distracted and overwhelmed by pharmacy school, but talking to the patients at JFC on Saturdays always reminds me of why I chose this profession."

**Fourth Year Pharmacy Student**

# OUTREACH



"I LOVE WHEN THE JFC COMES TO SHOWER POWER. YOU ALL TAKE SUCH GOOD CARE OF ME, AND I KNOW YOU TRULY CARE ABOUT ME. YOU ALL HAVE CHANGED MY LIFE FOR GOOD. THE JFC HAS ANSWERED MY PRAYERS. WE ARE FRIENDS FOR LIFE."

M.V. | JFC PATIENT

# — COMMUNITY HEALTH OUTREACH —

**70**  
EVENTS

**1000+**  
PEOPLE CONTACTED

**100+**  
VOLUNTEERS

Even when the clinic is closed, volunteers venture out into the community and perform blood pressure and glucose screenings, mini-medical or psychiatry exams, social health screenings, and vaccine administration. Our community health outreach involves students from all health professions schools and even our undergraduate ambassadors!



## REGULAR SCREENING EVENTS WITH:

- STEWPOT OPPORTUNITY CENTER
- WE WILL GO
- SHOWER POWER
- GRACE PLACE
- SPRINGBOARD TO OPPORTUNITIES
- JACKSON HEART



"It is so important to meet patients where they are, in places that they know and trust. While many community members are already our patients, we still meet people without insurance who have never heard of us or our mission and are unaware of their health problems. At these events, with consent, we can ensure that these patients have a logged record of their blood pressure and glucose readings, an understanding of what these values mean, an appointment scheduled for the soonest possible date, and a ride arranged to the clinic. Many of our best student-patient relationships begin at our outreach sites!"

**Sunna Savani | Chief Outreach Officer**

## Partner Spotlight: Grace Place

The Jackson Free Clinic has reconnected with a previous partner in the community, Grace Place, where we have started to conduct quarterly health screenings and are planning a patient education series for the new year!



# RURAL OUTREACH

Over half of Mississippi's population is rural while more than half of doctors in MS are practicing in urban areas. This creates a large population of medically underserved residents within Mississippi's 82 counties. JFC seeks to alleviate the burden of seeking care for these patients by bringing our health care services to them.



## 22 RURAL EVENTS WITH VARIOUS PARTNERS:

MISSISSIPPI  
IMMIGRANTS RIGHTS  
ALLIANCE

EL PUEBLO OF  
MISSISSIPPI

AJFC  
COMMUNITY  
ACTION AGENCY

MAINSTREET  
CRYSTAL  
SPRINGS



CITIES - COUNTIES:  
BYRAM - HINDS  
EDWARDS - HINDS  
JACKSON - HINDS  
CRYSTAL SPRINGS - COPIAH  
GEORGETOWN - COPIAH  
HAZLEHURST - COPIAH  
CARTHAGE - LEAKE  
CAMDEN - MADISON  
CANTON - MADISON  
RIDGELAND - MADISON  
PEARL - RANKIN  
FOREST - SCOTT



"There are no words to adequately express our gratitude for JFC's Rural Outreach Team. They have supported our community at numerous El Pueblo COVID and Flu vaccination events and have provided blood pressure and glucose screenings at our community health events. They have also educated the El Pueblo staff regarding health services and meeting the health needs of the community. Most importantly, the JFC volunteers' professionalism and one-on-one personal concern, recognizing the dignity of everyone in our community are always beyond reproach. Thank you JFC Rural Outreach team."

Michael Oropeza | El Pueblo Executive Director



## IMPACT THE RACE GRANT\*

We are so grateful for the financial support from HRSA and the UMMC School of Medicine for JFC Rural Outreach through the IMPACT the RACE grant, which is committed to enhancing the education of all medical students by exposing them to primary care in medically underserved communities in rural Mississippi. Through this grant, we are able to purchase screening supplies and reimburse students for travel to rural counties.

\*THIS PROGRAM IS SUPPORTED BY THE HEALTH RESOURCES AND SERVICES ADMINISTRATION (HRSA) OF THE U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES (HHS) AS PART OF AN AWARD. THE CONTENTS OF THE PROGRAM DO NOT NECESSARILY REPRESENT THE OFFICIAL VIEWS, NOR AN ENDORSEMENT, BY HRSA, HHS, OR THE U.S. GOVERNMENT.

# SOCIAL HEALTH CLINIC



SOCIAL  
HEALTH  
SERVICES

**300**  
PATIENTS  
CONNECTED WITH  
RESOURCES IN 2022!

Founded in 2021, JFC Social Health Clinic advocates for patient care beyond simply providing medical services. Interdisciplinary volunteer teams address social needs and create a holistic picture of a patient's overall health and wellbeing. Teams use social prescribing, or providing and referring individuals to community resources in an official capacity. Teams also "diagnose" social conditions and document them in the electronic health record to emphasize social determinants of health in other clinic visits. Resources provided include government assistance and insurance programs, sexual health products, medication assistance, housing assistance, financial strain resources, food products, transportation, and substance use programs, and interpersonal violence programs.

## PATIENT NEED AREAS:



**67%**



**39%**



**88%**



**78%**



**73%**



**16%**

## OUR ON-SITE PATIENT RESOURCES INCLUDE:

In 2022, our partnership with Sostento and Uber Health allowed us to offer:

**375** to **100**

**UBER RIDES PATIENTS**

to help patients without transportation reach their health appointments, referral sites, pharmacy, and more!

"YOU HAVE ALL BLESSED ME WITH THIS NEW UBER HEALTH SERVICE. I LOVE COMING TO THE JFC BECAUSE EVERYONE IS SO KIND, AND I KNOW YOU WILL WORK HARD TO RESOLVE MY PROBLEMS. I AM IN GOOD HANDS HERE."

N.N. | JFC PATIENT



In 2022, we provided our patients with:

**2000+**  
HYGIENE PRODUCTS

DEODORANT  
SHAMPOO  
CONDITIONER  
SOAP  
TOOTHBRUSHES  
TOOTHPASTE  
RAZORS  
LOTION  
HAIRBRUSHES  
CHAPSTICK  
TOILET PAPER  
PERIOD PRODUCTS

**MONTHLY**  
FREE RAPID HIV TESTING  
WITH CARE4ME SERVICES

**300+**  
PATIENT-CENTERED  
RESOURCE PACKETS

**4000+**  
CONDOMS AND  
SEXUAL HEALTH KITS

**120**  
WINTER WEATHER  
CARE PACKAGES

**150+**  
AT-HOME COVID TESTS

**220+**  
PERIOD PACKAGES

A special thanks to: Magnolia Soap, Buff City Soap, 601 for Period Equity, Jackson Community Response, Goodwill, & Mississippi Department of Health

# IN THE COMMUNITY

## FALL WELLNESS FEST

At the JFC Fall Wellness Fest, we provided free haircuts, dental hygiene consults, mental health screenings, water and hygiene products, health screenings, social health services, diabetic foot checks, HIV testing, and COVID vaccines to over 25 community members. This was made possible by partnerships with Studio G Salon, Apollo Hair Design, Urban Foxes, Care4Me Services, and more!

Additionally, in response to the Jackson water crisis, students from IMHOTEP Charter High School in Pennsylvania traveled to Jackson to provide our community with 3D-printed water filters that they designed! We were so grateful for this partnership along with all of the monetary donations we received. From all the community support, we were able to improve our patients' quality of life and access to clean drinking water during the water crisis.



## GROCERY STORE TOURS

Thanks to our partnership with Double Up Food Bucks, we connect our patients to a FREE grocery store shopping tour that teaches them how to shop for healthy foods while saving money and utilizing their SNAP benefits! Patients sign up for times that best fit their schedules and we were able to assist in their travel by providing FREE rides using our Uber Health program.

## CAR SEAT CHECK WITH SAFEKIDS AND UMMC POLICE

Thanks to UMMC PD, we provided our patients and community members with the opportunity to check the safety and proper use of their children's car seats. The proper use of car seats is the leading preventable measure to avoid injury or death.



## BEYOND MEDICINE COMMUNITY EXTRAVAGANZA

At our Beyond Medicine Community Extravaganza, we had a variety of community partners come out to the JFC to share their resources with our patients after a clinic day! Patients and community members were able to walk to various booths to learn about resources available to them. We also offered preventive health screenings and COVID vaccines. Our food truck, live music, and enthusiastic volunteers made this event a blast!





# PREVENTIVE HEALTH

OUR EFFORTS, PARTNERSHIPS, AND PLANS FOR THE FUTURE

110

FLU VACCINES

460

COVID-19 VACCINES



Preventive health measures are some of the most important aspects of healthcare to improve individual and population health, prevent disease and disability, and reduce medical financial burden on individuals and the healthcare system. We are so excited about the strides we have made in preventive health at JFC!

- COVID-19 Primary and Bivalent Boosters
- Gift Card Incentives for Vaccinations
- Flu Vaccines
- Colonoscopy Referrals
- Mammogram Referrals
- Cervical Cancer Screening
- STI Screening
- Vaccine Expansion via Patient Assistance Programs
- Preventive Health Services at Community & Rural Outreach
- Improved Hepatitis C Screening, Testing, and Referral Protocol
- Obtaining Naloxone for Harm Reduction
- Top 20 Diagnosis Handbook to Streamline Primary Care Services
- Vaccines For Children (VFC) Program Enrollment

## THANK YOU, PARTNERS!

- SOSTENTO, PROJECT FINISH LINE/CVP
- COMMUNITY HEALTH CENTER ASSOCIATION OF MISSISSIPPI
- WALGREENS
- DIRECT RELIEF
- MS DEPARTMENT OF HEALTH
- MS URBAN LEAGUE
- FAMILIES FIGHTING FLU
- MS IMMIGRANT RIGHTS ALLIANCE
- STEWPOT OPPORTUNITY CENTER
- WE WILL GO MINISTRIES
- SHOWER POWER
- GALLOWAY UNITED METHODIST CHURCH
- GRACE PLACE
- UMMC PREVENTIVE HEALTH

## COLORECTAL CANCER SCREENING PROGRAM

JFC volunteers learned how to perform colorectal cancer screenings through a training led by Dr. Duhe and UMMC GI.

We now offer the "Poop on Demand" FIT Test screening to help detect and prevent colorectal cancer, available any clinic day! If the test indicates that the patient is at risk for colon cancer, they will be referred for a free colonoscopy and paired with a student navigator to support them through the process.



## MISSISSIPPI BREAST AND CERVICAL CANCER PROGRAM (MSBCCP)

The MSBCCP is a state and federally funded program focused on increasing breast and cervical cancer screening in underserved patient populations. In September, JFC became an official partner by joining the network of over 200 clinics in Mississippi. This partnership allows us to connect our patients to free screening and diagnostic mammograms and necessary follow-up for abnormal pap tests. Since our enrollment, we have increased our mammogram referrals by 133.3%! We look forward to celebrating a full year with MSBCCP in 2023!



THANK YOU TO MS COLORECTAL CANCER ROUNDTABLE FOR PROVIDING THESE KITS!

## JFC IN THE NEWS



### JACKSON WATER CRISIS

Access to clean water is a fundamental health need. With the help of national media attention and generosity of our volunteers, partners, and community near and far, we raised **\$9,872** to support our efforts during the Jackson Water Crisis. With these funds, we have donated over 8,000 water bottles, 1,500 waterless hygiene products, and 100 half gallon water jugs to 250+ community members. We are overwhelmed with the support we have received and the desire to serve others within our community. Clean water and hygiene supplies remain available for pickup during clinic days while supplies last.

### WAPT COMMUNITY CHAMPION

WAPT16 local news highlighted our very own Hispanic Services Co-Director, Alex Fratesi, as a commUNITY champion. Alex, now a fourth year medical student, founded our Hispanic clinic in 2020. It has since served as an essential service that nearly 80 patients utilize. Each weekend, we also staff student language assistants that serve as interpreters and a Spanish voicemail option to make health care more accessible for our Spanish-speaking patients. Alex and the Hispanic Clinic services team are a testament to the inclusive care we constantly strive to provide.



### SENATOR WICKER VISITS

In 2021, our Chief Operations Officer, JoJo Dodd, visited Senator Roger Wicker in Washington D.C. to advocate for our patients and promote our mission. This year, Senator Wicker was able to visit the JFC! It was an honor to show the Senator and his wife firsthand where the amazing work of our students, physicians, and community come together to meet the needs of Mississippi and discuss ways to support our mission. We are grateful to Senator Wicker and his office for their support of the Jackson Free Clinic!



# — 20TH ANNIVERSARY GALA —



**\$101,039**

**RAISED**

**300+**

**ATTENDEES**

The Jackson Free Clinic celebrated 20 years of patient care at a gala held at the Mississippi Civil Rights Museum. Individuals from UMMC, donors, and special guests from the local community came together to celebrate our successes over the past 20 years. University of Mississippi Chancellor Dr. Glenn Boyce, UMMC Vice Chancellor Dr. LouAnn Woodward, and our founder, Dr. Joyce Olutade, delivered excellent speeches on the work and impact of the clinic over the last two decades. We look forward to next year's gala and 20 more years of community impact!

## JFC IMPACT AWARD HONOREES

Honors individuals who embody, promote, and advance the mission of the clinic through their volunteering or partnership with the JFC



**DR. SHANNON PITTMAN**  
UMMC FAMILY MEDICINE



**LUIS ESPINOZA**  
MISSISSIPPI IMMIGRANTS RIGHTS ALLIANCE



**DR. CALVIN THIGPEN**  
UMMC INTERNAL MEDICINE

We would like to extend our sincerest gratitude to the Family Medicine and Internal Medicine Residency programs that provide us with invaluable volunteer service year-round, without which our clinic could not run. Additionally, we would like to highlight the service of our Faculty Directors: **Dr. Tonore, Dr. McClendon, Dr. Hutto, Dr. Penman, and Dr. Parish** for their guidance and time devoted to the clinic.

**Presenting Sponsors:** TrustCare; Bank Plus; Insight Group Real Estate; MS Federal Credit Union; Trustmark; NewSouth NeuroSpine; Memorial Pulmonary Clinic; Capitol Resources LLC; Hancock Whitney

**Gold Sponsors:** Renasant Bank, Patrizzi & Associates, & Capital Ortho



# 2022 GRANTS AND DONORS

WE ARE SO HUMBLLED AND GRATEFUL FOR  
**OVER 600 INDIVIDUAL DONORS &  
\$300,000+**

**FROM 10 DIFFERENT GRANTS:**

IEIP Mini-Grant, UMMC ODI | Health Equity for Women

American Rescue Plan, Sostento | Uber Health and COVID Vaccinations

Jackson Heart Study Community Engagement Center | Healthier Hearts

MS Department of Agriculture & Commerce | Community Garden

Community Foundation for Mississippi | Hispanic Community COVID Vaccinations

American Academy for Family Physicians | Clinic Operations & Expansion

Walmart Community Grant | Clinic Operations & Expansion

RH Green Foundation | Clinic Operations & Expansion

Foundation for a Better Tomorrow | Clinic Operations & Expansion

National Association of Free and Charitable Clinics | Water Relief Funds

## THANK YOU TO THE FOLLOWING ORGANIZATIONS...



## THANK YOU ALSO TO THE...

UMMC SCHOOLS OF MEDICINE AND DENTISTRY, UMMC OFFICE OF DIVERSITY AND INCLUSION, R.H. GREEN FOUNDATION, BAPTIST FAMILY PHARMACY, MS STATE DEPARTMENT OF HEALTH, AND ALL OF OUR MANY OTHER DONORS & SUPPORTERS FOR THEIR CONTRIBUTIONS!

**AND A SPECIAL THANK YOU TO...** FOR PROVIDING LUNCH TO OUR CLINIC VOLUNTEERS EACH WEEKEND THIS PAST YEAR!

**TrustCareHealth**

## TO DONATE TO THE JFC

Visit: [www.jacksonfreeclinic.org/donors](http://www.jacksonfreeclinic.org/donors)



The JFC is completely funded by grants and generous donors like you!  
We appreciate your support!



**JACKSON FREE CLINIC**  
CARE. EDUCATION. OUTREACH.