



JACKSON FREE CLINIC
CARE. EDUCATION. OUTREACH.

2021 ANNUAL REPORT





The Jackson Free Clinic is a student-owned, student-run 501(c)(3) non-profit providing free medical, dental, psychiatry, rehabilitation, pharmacy, social health, and specialty medical services to Mississippi's uninsured.

We are serving our state's most vulnerable people while also helping to educate the next generation of health professionals in Mississippi. COVID brought an influx of patients to our clinic requiring us to expand our existing services and begin offering new services like telehealth and vaccinations. In doing so, we are filling a vital role in the safety net for thousands of Mississippians.

The JFC celebrated 20 years of service in 2021, and we hope you will consider supporting us to improve the health of our fellow Mississippians.

*"You will leave this place with
something in your heart."*

Dr. Joyce Olutade, Founder



JFC IN THE NEWS

Medicine • Dentistry • Outreach • Social Health • Rehabilitation • Psychiatry

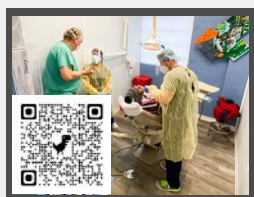
2021 Edition

Volume 2



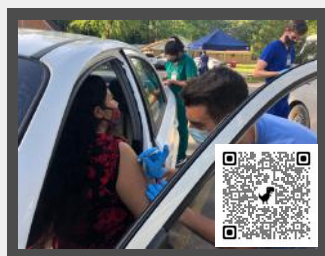
An Eye on Equity: Clinic for Uninsured Offering Johnson & Johnson Vaccine on Saturdays in April

"We're hoping to vaccinate several hundred through this effort; this is an effort to bring some equity to the vaccination program,"



Jackson Free Clinic Expands Services to Support Hispanic Community

"The clinic based in the state's capital will offer a separate clinic with the goal to offer services to Spanish speakers in need called Clínica Médica."



Jackson Free Clinic Dental Services Now Have More 'Teeth'

"The need to treat more dental patients in a bigger space has been great for years. In January 2020, we were booked until May 2020."

Jackson Free Clinic Serves Those Who are Uninsured and Underserved



"In honor of Black History Month, the clinic is hosting events centered around the health needs of African-Americans. This year's theme is 'Bridging the Gap' with educational events and

opportunities centered around health disparities experienced by the African American community of Mississippi."

NEW AND IMPROVED



PATIENT NAVIGATORS

This program, staffed by first and second year medical students and students from all other schools at UMMC, is designed to better the patient experience and clinic flow by obtaining patient vitals and intake information immediately upon arrival, taking a brief history, and preparing the patient for their visit. This program also provides student volunteers with experience in social health and preventative medicine, vitals assessment, triage, and patient communication. This program has decreased patient wait times and has been well received by both students and patients.

SOCIAL HEALTH SERVICES

In recognizing that many social determinants contribute to the health of our patients, our team established the JFC Social Health Services program in 2021. Patients are screened for and connected to community resources including: government programs, health and wellness, sexual health, medications, food and nutrition, employment, shelter, financial strain, transportation, substance dependence, and safety/intimate partner violence programs. Each patient room is also equipped with a variety of hygiene, sexual health, and women's health products free to patients to take during their visit.



SPECIALTY SERVICE SPACE

As JFC's specialty service offerings grew to include dermatology, gynecology, pelvic floor physical therapy, hispanic clinic, and ultrasound, it became apparent that dedicated space was needed. In response to this growth, we converted an open-floor portion of our clinic into 3 patient rooms, a telehealth suite, and specialty services team workspace. Each Saturday these rooms are used by our various specialty services that rotate through our clinic connecting our patients with care that is often expensive and difficult to obtain when uninsured.

CARE



"HELEN KELLER SAID 'ALONE, WE CAN DO SO LITTLE; TOGETHER, WE CAN DO SO MUCH' THE JACKSON FREE CLINIC IS A PLACE WHERE A COLLECTIVE GROUP OF COMMITTED STUDENTS ARE ABLE TO TOUCH THE SOUL OF THE COMMUNITY AND IN THE PROCESS BE SHAPED BY THE REALITIES OF POVERTY AND THE POWER OF DIGNITY. IT IS A PLACE WHERE ONE GOES TO GIVE AND FINDS THEMSELF A RECEIVER."

DR. SHANNON PITTMAN

DEPARTMENT CHAIR, FAMILY MEDICINE
UNIVERSITY OF MISSISSIPPI MEDICAL CENTER

2021 | By the Numbers

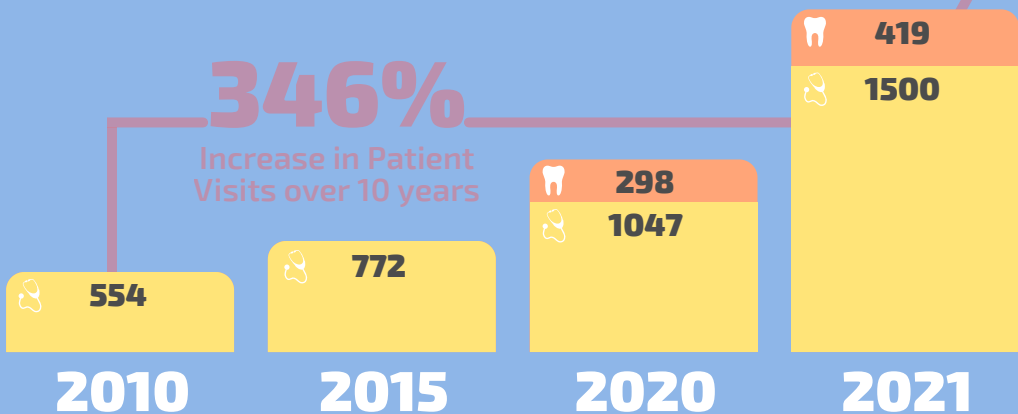
1919

Patient Visits

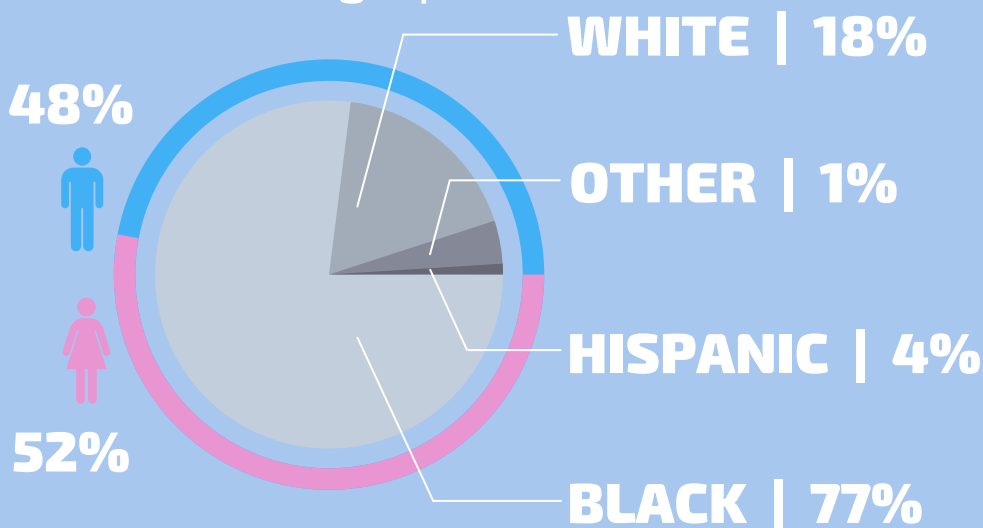
Medical: 1500 | Dental: 419

346%

Increase in Patient Visits over 10 years



Patient Demographics



1151

PATIENTS FROM OVER

86

TOWNS & RURAL AREAS IN MS

MEDICAL • DENTAL •



SPECIALTY SERVICES

This year was one for the record books. The JFC saw more patients, offered more services, and engaged more student volunteers than ever before in our 20 year history!

We renovated all 10 of our existing medical patient rooms this past year and **built 3 additional Specialty Service rooms** to accommodate our growing offering of services. We also received **4 brand new dental chairs** to add to our new Dental Clinic which opened in February 2021. Additionally, our dental services have continued to expand with plans to begin offering Dental Hygiene in early 2022.

Specialty services saw incredible growth in 2021. Our new services include **gynecology and hispanic clinic (Clínica Médica)** and we continue to offer psychiatry, ultrasound, dermatology, and physical and occupational therapy. This past year, **209 patients** utilized our specialty offerings.

One of our main focuses this past year was expanding access and services to the Hispanic population and growing our Women's Health offerings. We held our first ever **Gynecology and PT Pelvic Floor Clinics**, began offering LARCs, and connected 20 women with care.

Clínica Médica, our hispanic clinic, engages native and Spanish-speaking physicians, students, and volunteer language assistants to provide care at JFC. This offering, as well as hispanic outreach efforts, has helped better serve our **growing Hispanic patient base in 2021.**

Our pharmacy services are now able to offer a wide and expanding inventory **with 138 different medications currently available** entirely free patients. In 2021, **746 prescriptions were filled** at the JFC's in-house pharmacy.

EDUCATION



"THE JFC WAS WHERE I FIRST CONNECTED SYMPTOMS AND DIAGNOSES WITH THE PEOPLE WHO HAD THEM. SERVING AT THE JFC HELPS STUDENTS REMEMBER THE "WHY" IN THEIR REASONS FOR PURSUING MEDICAL SCHOOL. THERE'S NOWHERE ELSE QUITE LIKE THE JFC!"

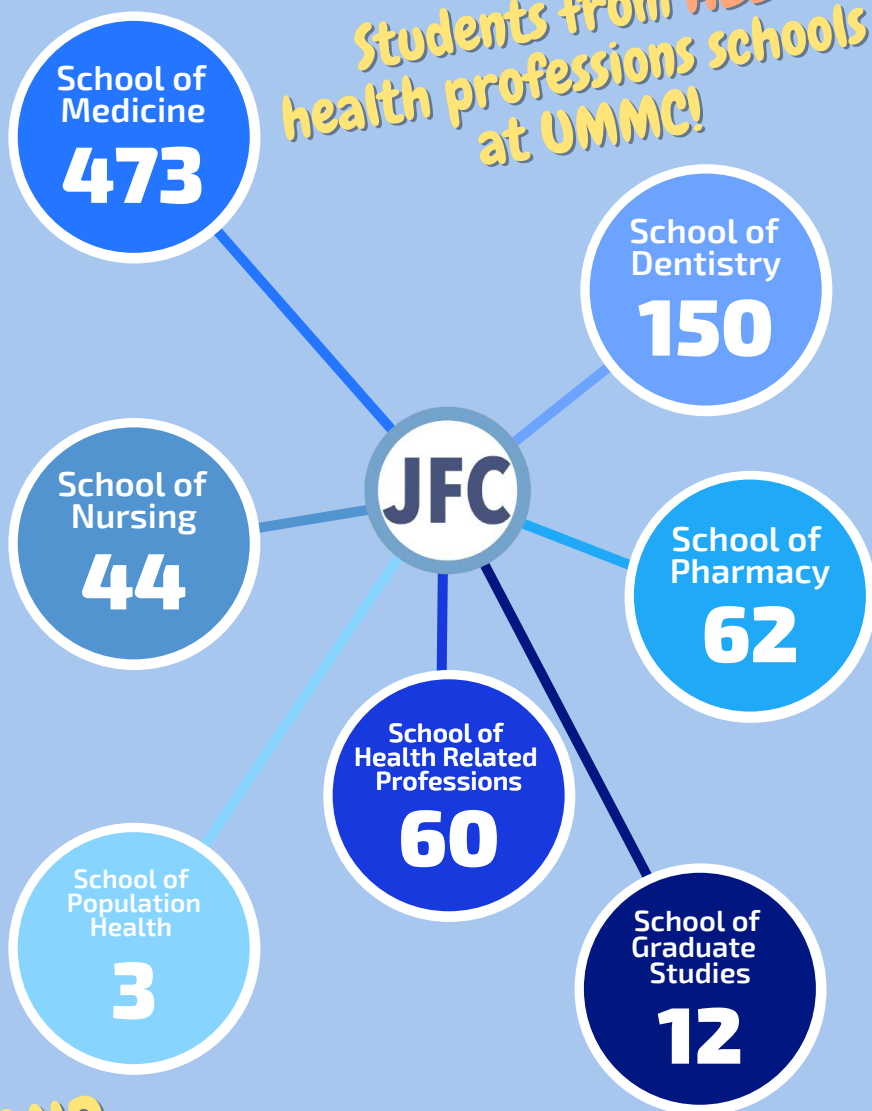
DR. SAVANNAH DUCKWORTH

ASSISTANT PROFESSOR, UMMC INTERNAL MEDICINE
FORMER JFC STUDENT DIRECTOR, 2013-2014

2021 | By the Numbers

930 Student Volunteers
TOTALING OVER 10,000 HOURS

Students from **ALL**
health professions schools
at UMMC!



AND

126 Undergrad & Pre-Health Students





learn at the JFC

WHILE LEARNING AT THE JFC OFTEN HAPPENS ORGANICALLY, WE STRIVE TO PROVIDE OPPORTUNITIES FOR STUDENTS TO LEARN IN A VARIETY OF SETTINGS AND FIELDS TO BETTER PATIENT CARE.



1

Emergency Medicine
Ultrasound Training



2

Gynecology
Breast Exam Training



4

Undergrad Health
Ambassador Program

5

Community Health
Advocate Training



6

Student Education
Lecture Series

training the next generation of health care professionals in Mississippi

Our mission of education is a critical component to both the patient and student experience at the JFC. In 2021, we continued to build programs to educate our team, our student volunteers, and patients alike.

The **Student Education Lecture Series** was a new addition in 2021 and invited specialists in their field to provide lectures hosted by the JFC to UMMC students. Topics included Women's Health, Race and Medicine, Hispanic Health in MS, and COVID-19 & Vaccines.

Hands-on skills trainings were provided by Gynecology in self-breast examination and Emergency Medicine in ultrasound and phlebotomy. Dr. Alan Penman of the School of Population Health and the Outreach Team led skills trainings in **Community Health Advocacy** which teaches students how to screen for hypertension and diabetes and apply these skills at outreach events.

The **JFC Undergraduate Health Ambassador Program** added new chapters at Tougaloo College and the University of Southern Mississippi, joining chapters at Ole Miss, Mississippi State, and Jackson State University.

New patient education initiatives include G.R.I.T.S Nutrition Program and the American Diabetes Association Self-Management Education Program.

OUTREACH



"JACKSON FREE CLINIC HAS COME TO FILL AN IMPORTANT NEED IN THE HISPANIC COMMUNITY OF MISSISSIPPI. THEIR PROFESSIONALISM AND THE COURTEOUS MANNER IN WHICH THEY TREAT PATIENTS GOES BEYOND JUST COMPLETING A TASK. IT IS THE VOCATION OF SERVICE REFLECTED IN EACH ACTIVITY IN WHICH JFC IS COMMITTED."

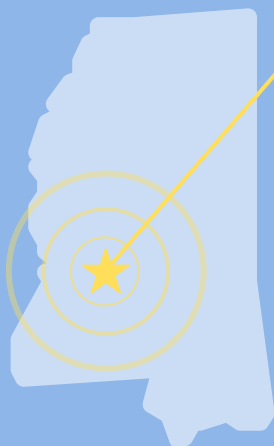
LUIS ESPINOZA

LEAD ORGANIZER

MISSISSIPPI IMMIGRANT RIGHTS ALLIANCE

2021 | By the Numbers

1866 Individuals Contacted At 94 Events Around Mississippi



Camden
Canton
Carthage
Clinton
Forest
Hazelhurst
Jackson
Laurel
Morton
Pearl

Engaging
275
Volunteers in
Rural and
Community
Outreach

1684
COVID-19
VACCINES GIVEN



**SOCIAL
HEALTH
SERVICES**

134 Patients Connected with
Community Resources



8%



14%



24%



16%



14%



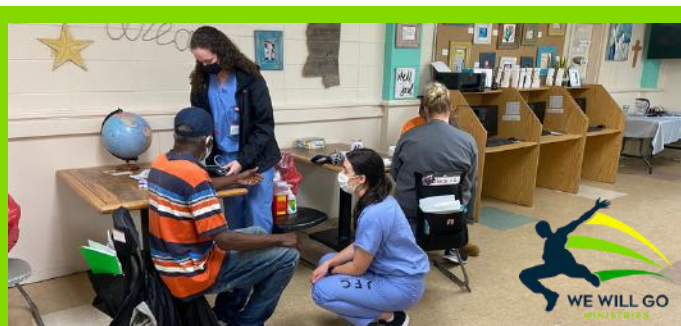
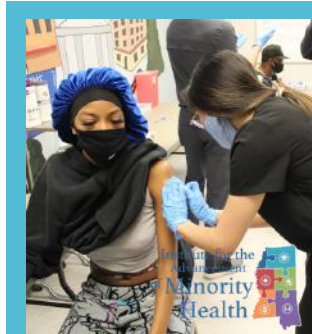
24%

More than

600

Hygiene Items
Donated by Students

IN OUR COMMUNITY





Community has never been as important as it was this past year as we all endured this unprecedented pandemic. Our team recognized how this challenge affected those we serve, and we responded.

COVID-19 vaccines were administered to 1074 underserved individuals all over the state. New partnerships were forged with community partners like **Mississippi Immigrant Rights Alliance** (MIRA) to bring covid vaccines to in-need populations.

We joined **Sostento's Project Finish Line** network which connected our patients with resources such as COVID-19 education, provided PPE to our clinic, and funding for **Uber Health** to help our transportation-insecure patients get to and from their appointments at JFC.

JFC now offers **Social Health Services** which screen all patients for various social determinants of health and connects them with community resources that address their needs. Hygiene baskets were also added to every patient room so patients can take free products such as shampoo, oral care products, feminine products, and sexual health items if needed.

We have continued to put on **monthly Community Health events** at community partner sites around Jackson screening individuals for hypertension and diabetes and connecting the uninsured with care at the JFC if needed.

ANSWERING THE CALL

2021 HIGHLIGHTS



Our efforts this year gathered the attention and support of individuals and groups from all over the state and nation. Our COVID-19 vaccination efforts were supported and visited by the Mississippi State Health Officer, **Dr. Thomas Dobbs**.

Our Chief Operations Officer, JoJo Dodd (M4) visited with **Senator Roger Wicker** in Washington D.C. to discuss the JFC, advocate for our patients, and promote our mission.

Joe Agoda, CEO of Sostento, visited the JFC to better understand our work and promote our clinic and the contribution we have made to Project Finish Line.

The JFC was awarded a \$10,000 grant from the **American Academy of Family Physicians** which built a dedicated telehealth suite at our clinic.

"THE JACKSON FREE CLINIC IS A PHENOMENAL RESOURCE FOR THOSE IN GREATEST NEED. MSDH SINCERELY THANKS THE DOCTORS AND STUDENTS THAT MAKE THIS PROGRAM A SUCCESS."

DR. THOMAS DOBBS

STATE HEALTH OFFICER
MISSISSIPPI STATE DEPARTMENT OF HEALTH



2021 GRANTS & DONORS



THE UNIVERSITY OF MISSISSIPPI
MEDICAL CENTER



sostento



Direct Relief



americares

UBER

Health

The BOWER
FOUNDATION



AMERICAN ACADEMY OF
FAMILY PHYSICIANS
FOUNDATION



Community Foundation
FOR MISSISSIPPI



athenahealth

THANK YOU ALSO TO...

UMMC SCHOOLS OF MEDICINE AND DENTISTRY, THE R.H. GREEN FOUNDATION, EKO HEALTH DEVICES, G.R.I.T.S NUTRITION, AND **ALL** OF OUR MANY OTHER DONORS & SUPPORTERS FOR THEIR CONTRIBUTIONS!



AND, A SPECIAL THANK YOU TO...

SABRINA HOWARD

FOR THE INCREDIBLY GENEROUS AND INSPIRED ARTWORK DONATED TO AND DISPLAYED IN THE JFC DENTAL CLINIC.

WWW.SABRINAHOWARD.COM

TO DONATE TO THE JFC

Visit: www.jacksonfreeclinic.org/donors

The JFC is completely funded by grants and generous donors like you!
We appreciate your support!



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