# JACKSON FREE CLINIC

Monthly Newsletter

November 2022



## CARE

During October, we had <u>173</u> medical, <u>44</u> social health, <u>30</u> preventative health, <u>4</u> rehabilitation, and <u>52</u> dental visits. We had <u>140</u> student volunteers representing medicine, pharmacy, nursing, dental, OT/PT, and undergraduate institutions with over <u>820</u> individual volunteer hours.

## **EDUCATION**

This month, our in-house Hispanic Services Medical Director, Dr. Licy Yanes Cardozo gave a moving talk about the importance of accessible care in our patients' native language(s). Our primary volunteer physician at Clínica Médica, Dr. Cardozo is helping to educate the next generation of Spanishspeaking physicians.

## **OUTREACH**

This month, we connected with community partner Grace Place to provide quarterly health screenings and preventative health education to the underserved community. We love expanding and connecting with new partners and neighbors. If you are interested in becoming a partner, reach out today!

## **SPECIALTY SERVICES**

MEET OUR SPECIALTY SERVICES BOARD! THESE STUDENTS HELP PROVIDE A VARIETY OF IMPORTANT SERVICES TO OUR PATIENTS INCLUDING:



ULTRASOUND



DERMATOLOGY









OUR SERVICES ARE CONSTANTLY GROWING AND EXPANDING TO MEET THE NEEDS OF OUR PATIENTS AND COMMUNITY! THANK YOU TO ALL OF OUR SPONSORS AND VOLUNTEERS FOR MAKING THESE SERVICES POSSIBLE! **IN-HOUSE PHARMACY** 





**REHAB SERVICES** 



## **OCTOBER RECAP | INITIATIVES + EVENTS**

## FALL WELLNESS FEST

THE JFC HOSTED ITS FIRST WELLNESS FEST WHERE WE PROVIDED FREE HAIRCUTS, DENTAL HYGIENE CONSULTS, MENTAL HEALTH SCREENINGS, WATER + HYGIENE RESOURCES, HEALTH SCREENINGS, SOCIAL HEALTH SERVICES, DIABETIC FOOT CHECKS, HIV TESTING, AND COVID VACCINES TO OVER 25 COMMUNITY MEMBERS! WE PARTNERED WITH STUDIO G SALON, APOLLO HAIR DESIGN, URBAN FOXES, CARE4ME SERVICES, AND MORE TO PROVIDE THESE SERVICES FOR OUR NEIGHBORS.

IN RESPONSE TO THE JACKSON WATER CRISIS, STUDENTS FROM IMHOTEP CHARTER HIGH SCHOOL IN PENNSYLVANIA TRAVELED TO JACKSON TO PROVIDE OUR COMMUNITY WITH 3D WATER FILTERS THAT THEY DESIGNED AND PRINTED! WE WERE SO EXCITED FOR THE OPPORTUNITY TO PROVIDE HOLISTIC CARE TO OUR PATIENTS AND SUPPORT OUR MISSION BEYOND OUR CLINIC WALLS! THANK YOU TO ALL OF OUR WATER FUND DONORS FOR MAKING HYGIENE & WELLNESS EVENTS LIKE THESE POSSIBLE.



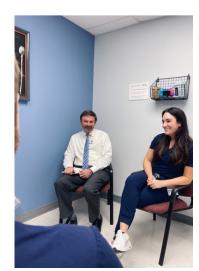
### FLU BLITZ

THANK YOU TO OUR TEAM OF INTERDISCIPLINARY VOLUNTEERS AND OUR PARTNERS AT WALGREENS FOR MAKING OUR OCTOBER FLU BLITZ A SUCCESS!

PREVENTATIVE HEALTH IS AN IMPORTANT MISSION AT THE JFC THAT HAS A WIDE SCOPE, FROM PREVENTATIVE EDUCATION TO HEALTH SCREENINGS TO VACCINATION EFFORTS. THIS YEAR, THE FLU IS PREDICTED TO HAVE AN EARLIER BURDEN ON OUR HEALTHCARE SYSTEM, AND WE ARE STEPPING UP AT THE JFC TO PROVIDE PROTECTION TO OUR UNDERSERVED COMMUNITY. WE HAVE CREATED A FLU VACCINE PRICING LIST FOR OUTSIDE PROVIDERS TO MAKE FINANCES SURROUNDING THE UNINSURED AND FLU VACCINES MORE TRANSPARENT. IF YOU WOULD LIKE TO PARTNER WITH US IN OUR VACCINATION EFFORTS, CONTACT THE CLINIC TODAY 601-355-5161.







### TALK THERAPY

TALK THERAPY IS NOW AVAILABLE AT THE JFC ON THE SECOND TUESDAY OF EACH MONTH, STAFFED BY DR. DANNY BURGESS! THIS SERVICE PROVIDES OUR PATIENTS WITH THE OPPORTUNITY TO RECEIVE THERAPEUTIC INTERVENTIONS ALONGSIDE THEIR MEDICAL INTERVENTIONS FOR MENTAL HEALTH. THIS NEW CLINIC IS MADE POSSIBLE BY OUR VOLUNTEER PHYSICIANS, STUDENTS, AND DONORS!

"THE GOAL OF TALK THERAPY IS TO SIMPLY MAKE MENTAL HEALTH AS NORMAL AS PHYSICAL HEALTH. IT IS ALL PART OF YOUR WELL-BEING"

- JODY MORGAN | MENTAL HEALTH SERVICES DIRECTOR

## JFC GOES PINK!

THIS MONTH THE JACKSON FREE CLINIC **CELEBRATED BREAST CANCER** AWARENESS MONTH BY PROVIDING PATIENT EDUCATION INFORMATION **ON SELF BREAST EXAMS. PROVIDER** EDUCATION ON RECOGNIZING CLINICAL **BREAST PATHOLOGIES, AND** ACCESSIBLE PATIENT RESOURCES. **BREAST CANCER AWARENESS AND** PREVENTATIVE MEASURES ARE CRUCIAL TO PROVIDE EFFECTIVE HEALTHCARE. AND WE HAVE PLANS TO CONTINUE TO EXPAND THE RESOURCES WE PROVIDE. THANK YOU TO OUR TEAM FOR THEIR **EFFORTS THIS MONTH! IF YOU WOULD** LIKE TO PARTNER WITH US FOR OUR NEXT HEALTH INITIATIVE MONTH, **REACH OUT TODAY!** 







### BRIDGING THE GAP IN HEALTH CARE FOR HISPANIC PATIENTS

In the United States, Hispanic patients are the most likely to be uninsured of all minority groups. They are also the least likely to seek care compared to their non-Hispanic or Latino counterparts. Because of social and economic barriers, many Hispanic patients go without healthcare. One way the JFC is working to bridge the gap is by having a dedicated clinic for Hispanic Patients: Clínica Médica, a day dedicated to providing quality medical care in Spanish. This clinic was founded in 2021, after extensive work with Hispanic communities, especially around the pandemic. We continue to do outreach events with preventative care and vaccinations in primarily Spanish-speaking communities.









## **OUR SERVICES**

- Bi-monthly Clínica Médica for Spanish-speaking patients
- Dedicated Language Assistants as well as telephone interpreting services
- All services we offer are available to our Hispanic patients
- Optional enrollment for volunteers in Medical Spanish classes lead by our very own Hispanic Services Director
- Harm reduction actions such as providing Naloxone to reduce opioid overdoses
- Spanish voicemail option
- Outreach events with health screenings within primarily Spanish-speaking communities

## VOLUNTEER SPOTLIGHT

**EASTON SHEFFIELD** FIRST YEAR MEDICAL STUDENT





"THE BIGGEST REASON I WANT TO COME TO JFC IS TO REMIND MYSELF WHY I WANT TO BE A DOCTOR. "

OUR CLINIC OPERATES SOLEY ON VOLUNTEERISM FROM OUR INTERDISCIPLINARY STUDENTS, AND WE ARE SO THANKFUL FOR THEM AND THEIR DEDICATION TO OUR PATIENTS!



**JACKSON FREE CLINIC** 

CARE, EDUCATION, OUTREACH.

## DONOR SPOTLIGHT



#### **RH GREEN FOUNDATION**

THIS GRANT WILL HELP PROVIDE FREE MEDICATIONS, UPGRADE OUR IN-HOUSE PHARMACY FACILITY, & IMPROVE OUR OUTREACH EFFORTS.

\$10,000

THANK YOU FOR YOUR SUPPORT!

#### A SPECIAL THANK YOU TO

Thermo Fisher Scientific Imhotep Institute Charter High School MC JFC Health Ambassadors Studio G Salon

FOR YOUR SUPPORT OF THE JFC THIS MONTH!



Thank you so much for supporting the JFC and our mission! We love sharing our initiatives, stories, and successes each month with you all. If you would like to see more of a certain topic, send us an email! - Reagan & Rose

REAGAN@JFCHEALTH.ORG

#### JACKSONFREECLINIC.ORG 601-355-5161