# Jackson Free Clinic Social Health Clinic Patient Resources



Food Resources





Medication Assistance



**Employment** 



Housing



Hygeine Products

Talk to your medical team to speak to the social health services team today!



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Call the Jackson Free Clinic if you need help accessing: mail, internet, printing, faxing, scanning, or telephone services for your social service needs.

925 Martin Luther King Jr. Drive, Jackson, MS 39203 | 601.355.5161

• To get to JFC, use JATRAN Bus Route 8: Get off at Palmyra & Cohea stop, walk up Cohea St. one block and take a left on MLK Dr. The clinic is on your left.

#### Telephone Services:

MS Lifeline Program: Free phone for those receiving government benefits; 866.488.8719

Galloway United Methodist Church: Grace Place: 601.353.9691; 305 N Congress St., Jackson, MS 39201

Stewpot: Opportunity Center: 601.949.3540; 845 W Amite St., Jackson, MS 39203 Jackson WIN Job Center: 601.446.3296; 5959 I-55, Jackson, MS 39213

Free Document Scanning Phone Apps: CamScanner, Genius Scan, Adobe Scan

# GOVERNMENT PROGRAMS

#### **Medicaid**

<u>Description</u>: Health coverage and family planning related services for eligible, low

income populations

Contact Info: 800.421.2408; 601.978.2399

Address: 5360 I-55 North, Jackson, MS 39211

Serves: Children, low-income families (must have dependents), pregnant women,

family planning benefits, the aged, and disabled

Eligibility Requirements: https://www.access.ms.gov/Prescreen/Question1?lang=en

Application Link: https://www.access.ms.gov/Application

#### Family Planning Medicaid

<u>Description</u>: Coverage for one annual visit and subsequent visits (up to four a year) related to birth control and family planning

Serves: Men or women, ages 13-44

<u>Requirements</u>: Family income no more than 194 percent of the federal poverty level, must be capable of reproduction, must not have Medicare, CHIP, or any other health insurance or third party medical coverage

<u>Information Link:</u> https://medicaid.ms.gov/medicaid-coverage/who-qualifies-for-

coverage/family-planning/

<u>Application Link:</u> https://medicaid.ms.gov/wp-

content/uploads/2014/05/FamilyPlanningServices.pdf

#### Medicare

Description: Federally sponsored health insurance program

Contact Info: 1.800.633.4227

Serves: People age 65 or older, those with disabilities, and those who have permanent

kidney failure

Link: https://secure.ssa.gov/iClaim/rib



#### **Available Services:**

- > Screening/diagnostic mammagram annually for women 50 years or older
- > Ultrasound, fine needle aspiration of the breast and biopsy
- > Colposcopy and biopsy
- > Follow up and referral for abnormal Pap exams/Mammograms
- > Educational programs



#### **Eligibility:**

Insurance status: Uninsured, underinsured, or without thirdparty payers

**Income** at or below 250% Federal Poverty Level Mississippi resident for at least 12 months

Age: 21-64 years old

Breast/cervical diagnostic services: 21-64

Cervical screening: 40-64 Breast screening: 50-64

#### **Income Eligibility Guidelines: BCCP Providers:** Jackson Free Clinic 601-355-5161 Max allowable gross income

Household			Others:
Number	Monthly	Annual	Hinds County Health Department 601-432-3070
1	2,658	31,900	MS Baptist Medical Center 601-973-3180
2	3,592	43,100	Merit Health Central 601-376-2075
3	4,525	54,300	UMMC 601-984-1000
4	5,458	65,500	Jackson Anesthesia Associates 601-969-1174
5	6,392	76,700	Mississippi Pathology Associates 601-944-1717
6	7,325	87,900	Central Surgical Associates 601-944-1781
7	8,258	99,100	Jackson Radiology Associates, PA 601-373-6441
8	9,192	110,300	Lakeland Radiologists, PA 601-982-7878

<sup>\*\*</sup>Must be enrolled by contracted BCCP provider\*\*

## **DISABILITY BENEFITS APPLICATION**

#### **QUALIFICATIONS**

To apply online for disability benefits, you must satisfy the following requirements:

- Are age 18 or older;
- · Are not currently receiving benefits on your own Social Security record;
- Are unable to work because of a medical condition that is expected to last at least 12 months or result in death:
- Have not been denied disability benefits in the last 60 days.
- If your application was recently denied for medical reasons, start with the Internet Appeal.

#### **APPLICATION**

- Apply online (https://secure.ssa.gov/iClaim/dib) or set up an appointment: +1 800-772-1213
- You may call Jackson Free Clinic (601-355-5161) to schedule a time to come use a clinic computer.
- Application asks for: description of the impairment(s), treatment sources, and other information related to the alleged disability

#### **PROCESS**

- Field office will verify non-medical eligibility requirements.
- Application is sent to a Disability Determination Services (DDS) office in your state.
- DDS may arrange for a Consultative Examination (CE)
  - In the event that the DDS requests a consultative exam, the patient must receive this exam from an independent, external source. JFC physicians will not perform or sign off on this examination. Please contact your Disability Case manager to find a provider that will be able to help you.
- They will take 3-6 months to review your application and medical records.
- After their review, you'll get a letter in the mail with the decision.
  - Check the status to see where you are in the application process: https://www.ssa.gov/apply/check-application-or-appeal-status
  - Appeals may be decided on by the DDS or the SSA's Office of Hearing Operations.

#### JFC'S ROLE

With your written consent, the Jackson Free Clinic may release your records to provide required information about your medical condition, including but limited to:

- Information about your medical illnesses, injuries or conditions
- Name, address, phone number, patient ID number, and dates of examinations and treatments at JFC
- Names of medicines you are taking, reasons for them, and who prescribed them, if they were prescribed at JFC
- Names and dates of medical tests you have had and who sent you for them, if they were sent through JFC
- Other information included in your JFC Medical Records

#### FOR QUESTIONS & MORE INFORMATION

- Visit Social Security's Disability Programs website: https://www.ssa.gov/disability/ or call the toll-free number, 1-800-772-1213.
- Representatives are available Monday through Friday from 7 AM to 7 PM.
- Mississippi Office of Disability Determination Services (ODDS): 1281 Highway 51, Madison, MS 39110
  - Phone: (800) 962-2230
  - Mailing Address: PO Box 1698, Jackson, MS 39215

## HEALTH RESOURCES

#### Jackson Free Clinic

<u>Services</u>: Offers medical, dental, psychiatry, physical therapy, occupational therapy, social health, pharmacy, and specialty services to uninsured adults

Contact Info: 601.355.5161

Address: 925 Martin Luther King Jr. Drive, Jackson, MS 39203

JATRAN Bus Route 8: Palmyra & Cohea stop, walk up Cohea St. one block

and turn left on MLK Dr.

**Serves**: Uninsured patients

Hours: Saturdays 10AM-3PM

Link: https://www.jacksonfreeclinic.org/patients

#### Mississippi Department of Health

Services: General health services and preventative health

Contact Info: 601.576.7400

Address: 570 E Woodrow Wilson Ave, Jackson, MS 39216

Hours: 8AM-5PM on Weekdays

Payment: Medicare, Medicaid, Private, and Sliding Scale

<u>Link</u>: https://www.ms.gov/Agencies/state-department-health

#### Jackson-Hinds Comprehensive Health Center

<u>Description</u>: Offers dentistry, labs, scans, optometry, diabetes prevention, and more on

a sliding fee scale. Offers Ethel James Ivory Homeless Clinic

Contact Info: 601.362.5321

Address: 3502 W Northside Drive, Jackson MS 39213

Serves: All patients without discrimination on age, race, ability to pay, etc.

Requirements: Bring proof of income and address, paycheck stubs, insurance cards,

photo ID

Link: https://www.jackson-hinds.com/departments

## HEALTH RESOURCES

#### **Vision USA**

**Description**: Provides free eye exams to low-income uninsured Americans

Contact Info: foundation@mseyes.com

Serves: US citizen or legal resident with no insurance

Requirements: proof of income for each member of the household from all sources, including government programs; no eye exam within the past 24 months, income below established guidelines, no doctor referral through this program in the past year; maximum of four applicants per household per year

<u>Link</u>: http://www.msvisionfoundation.org/visionusa.html

#### UMMC School of Dentistry & School of Dental Hygiene

<u>Services</u>: Preventing, diagnosing, and treating diseases and disorders of the teeth, mouth, and surrounding facial areas

Contact Info: Dental School Student Appointments: 601.984.6155 (Option 1); Dental Hygiene Student

Appointments: 601.984.6340

Address: 2500 N. State St., Jackson, MS 39216; Parking: Lot D, Garage D

Link: https://www.umc.edu/Healthcare/Dentistry-and-Oral-

Health/Dentistry\_and\_Oral\_Health\_Home.html

#### **Central MS Health Services**

<u>Description</u>: Provides family medical care, OB/GYN, screenings, COVID testing/vaccines, etc. to patients regardless of ability to pay. Offers sliding fee discount based upon federal poverty guidelines.

Address: 1134 Winter Street, Jackson MS 39204

Contact Info: 601.948.5572

Link: https://www.centralmshealth.center/home

#### **EversCare Clinic at Jackson Medical Mall**

Services: Clinic integrating health care and supportive social health services; has food pantry

Contact Info: 601.815.3535

Address: 350 W Woodrow Wilson Ave, Jackson, MS 39213

Hours: M-F, 8am-5pm

Link: https://www.umc.edu/evers-williams/Focus-Areas/EversCare.html

# MENTAL HEALTH RESOURCES

#### JFC Talk Therapy Clinic

Description: Offered the first Tuesday of each month. Call or speak to the front desk

for scheduling

Contact Info: 601.355.5161

#### **Brentwood Behavioral Health**

<u>Description</u>: Offers 24/7 free crisis services as a walk In or scheduled; also offers comprehensive inpatient treatment for children, adolescents and adults living with

mental health difficulties

Contact Info: 601.936.2024

Address: 3531 Lakeland Dr, Flowood, MS 39232

Link: https://www.brentwoodjackson.com

#### Marion Counseling Services PLLC

Description: Offers trauma therapy, psychotherapy, and more mental health treatments

on a sliding fee scale (can be free for those at/below 100% poverty)

Contact Info: 601.956.4816

Address: 4780 I-55 North, Suite 105

Jackson MS 39211

<u>Link</u>: https://www.marioncounseling.com/contact.htm

#### **National Suicide Prevention Hotline:**

1.800.273.8255

<u>Description</u>: Suicide prevention network of over 160 crisis centers that provides

24/7 service via a toll-free hotline

Serves: Available to anyone in suicidal crisis or emotional distress

## PREGNANCY RESOURCES

## MS Medicaid for Pregnant Women and Temporary Assistance for Needy Families (TANF)

Contact Info: 601.359.6050

Address: 550 High St # 1000, Jackson MS 39201

Requirements: under 194% of FPL

Link: access.ms.gov

#### Women, Infants, and Children's Program (WIC)

<u>Services</u>: financial assistance in purchasing food, counseling, and information on healthy eating, breastfeeding support and information and referrals to health care and other community resources.

Contact Info: 601.364.2666

Address: 350 W. Woodrow Wilson, Suite 411

Jackson, MS 39213 Hours: M-F, 8am-5pm

Requirements: proof of income, residence, & ID Link: https://msdh.ms.gov/page/41,0,128.html

#### MS Urban League

<u>Services</u>: SIPPS Mothers' Forum that provides a safe space for mothers and soon to be mothers to grow and learn. There are various resources available such as the baby clothing closet, matched savings program, and monthly meetings geared around helping mothers.

Meetings include self care, education, and breastfeeding. Membership to is free!

Contact Info: 769.666.0909, 601.987.6783; sippsbabycafe@gmail.com

Address: 2548 Livingston Road, Suite 1, Jackson MS 39213

Link: https://www.msul.org/about-5

#### **MS Reproductive Freedom Fund**

<u>Services</u>: Provides funding for abortion, Plan B, transportation, lodging, child care and travel for all residents of Mississippi, regardless of where they seek abortion care, and anyone who has an abortion in Mississippi

Contact Info: 769.218.9413

Link: https://www.msreprofreedomfund.org

# YOUR HEALTHY PREGNANCY

# DOs

- SEEK OUT AN OBGYN
- BEGIN PRENATAL VITAMINS
- GET PROPER SLEEP
- EAT A BALNACED DIET
- DRINK 8-12 CUPS OF WATER A DAY
- EXERCISE (150 MINUTES A WEEK)
- GET YOUR FLU, COVID, AND TDAP VACCINE

#### How to apply for Medicaid:

- online at access.ms.gov
- your regional Medicaid office
- visit our social services team

# **DONTs**

- SMOKE TOBACCO/E-CIGS
- CONSUME ALCOHOL
- EAT RISKY FOODS
   (RAW/UNDERCOOKED MEAT, EGGS, POULTRY, AND SEAFOOD)
- CONSUME EXCESSIVE CAFFIENE (MAXIMUM 200MG/DAY)
- PARTICIPATE IN HIGH-CONTACT ACTIVITIES

#### Documents you may need:

- Photo ID and proof of address
- Social Security Number
- Employer/income information if applicable (paystubs/W-2)
- Policy numbers for any current helth insurance
- Job-related insurance available to your family

#### **CONTACT AN OBGYN**

#### **JACKSON**

Jackson HInds Comprehensive Health Center

#### 601-362-5321

- Dr. Jaleen Sims (UMMC delivery)
- Dr. Kesha Flantroy or Dr. Sam Brown (CMMC delivery)

#### MADISION/CANTON

Mallory Women's and Family Clinic 601-859-1798

#### **FLOWOOD**

Women's Health Associates 601-420-0134

#### American Diabetes Association

## Wellness and Resource Series

#### Free Wellness Starter Kit

\$15 Grocery Gift Card
Guide for Journey with Diabetes
The Diabetes Placemat
Diabetes Southern Cookbook
ADA Resource Guide

#### Living with Type 2 Diabetes

Offers opportunity to learn about diabetes management over 12 months of seminars

\*Sign up for two resources and get a free starter kit\*

must use same email address for registration



#### Type 2 Diabetes Risk Test

Simple 60 second set of questions to determine risk for type 2 diabetes

#### **Diabetes Food Hub**

Gain access to a variety of delicious and healthy receipes specific to your wants and needs

#### **Children Programs**

#### **Project Power**

At-home afterschool experiences for children ages 5–12 including physical challenges and nutrition education. Supplies for activities mailed to home.

#### **Imagine Camp**

Virtual, in-home camp experience for youth with diabetes focused on management and lifestyle





# MEN'S HEALTH RESOURCES

#### MEN'S HEALTH FACTS (MSDH)

- 1. MEN VISIT A DOCTOR HALF AS MUCH AS WOMEN DO
- 2. MEN LIVE 5 LESS YEARS ON AVERAGE THAN WOMEN
- 3. CUTTING DOWN ON SMOKING AND ALCOHOL CAN BE BENEFICIAL IN PREVENTING HEART DISEASE AND CANCERS.
- 4. THE TOP 5 CAUSES OF DEATH IN MEN ARE HEART DISEASE. CANCER. LUNG DISEASE. STROKE. AND DIABETES.

**UMMC**: 601-815-2005 for men's health appointments

Merit Health: 601-376-1000, care including cancer/prostate/heart/urologic & sports med MS Dept of Health: 866-HLTHY4U, https://msdh.ms.gov/msdhsite/\_static/42,0,406.html

#### **CARE4ME Services**

Services: part of Jackson Medical Mall providing HIV Testing, outreach, empowerment, housing assistance, etc.

Contact Info: 601-982-8467

Address: 350 W. Woodrow Wilson Ave, Jackson, MS 39213 - Suite 101

Hours: M-F 8AM-5PM

<u>Link:</u> https://jacksonmedicalmall.org/services/care4me/

#### **Express Personal Health**

<u>Services:</u> Express visit (45 minutes) free of charge, provide testing for chlamydia, gonorrhea, HIV, PrEP and HIV resources, early intervention services and case management support, and telehealth services

Contact Info: 601-815-5861

Address: Jackson Medical Mall, 350 W Woodrow Wilson Ave, Jackson, MS 39213 - Suite 3210 on the Bailey

Avenue Side

Hours: M-F, 8AM-5PM

#### **Open Arms Healthcare Center**

<u>Description:</u> Culturally competent healthcare services among underserved populations, especially LGBTI community; preventative, reproductive, mental, and social care

Contact Info: 601-500-7660

Address: 805 E River Pl, Jackson, MS 39202

Hours: M-F. 8AM-5PM; allow walk-ins and same-day appointments

Link: http://oahcc.org/

# HIV & SEXUAL HEALTH RESOURCES

#### **Express Personal Health**

Services: Express visit (45 minutes) free of charge, provide testing for chlamydia, gonorrhea, HIV, PrEP and HIV resources, early intervention services and case management support, and telehealth services

Contact Info: 601.815.5861

Address: Jackson Medical Mall, 350 W Woodrow Wilson Ave, Jackson, MS 39213 - Suite 3210 on

Bailey Ave Side

Serves: Referred patients

Hours: M-F. 8AM-5PM; allow walk-ins and same-day appointments

Requirements: ID

#### Care4Me Services

Services: Free HIV testing, outreach, empowerment, housing assistance, etc.

Contact Info: 601-982-8467

Address: Jackson Medical Mall, 350 W Woodrow Wilson Ave, Jackson, MS 39213 - Suite 101

Serves: Specific services for young males of color

Link: http://jacksonmedicalmall.org/services/care4me/

#### **AIDS Services Coalition**

Services: 20 condoms, 5 lubricant pillow packs, 1 instruction pamphlet, and 1 brochure delivered monthly to MS residents

Application Link: https://ascms.net/safety-delivered/

Application must be filled out monthly in order to continue receiving the free condom deliveries.

#### Open Arms Healthcare Center

Services: Primary care, sexual health, HIV/AIDS testing and referrals, mental health services

Contact Info: 601.500.7660

Address: 805 E River Pl, Jackson, MS 39202

Serves: Underserved and underrepresented populations with a particular interest in LGBTQ+

community

Hours: M-W, 8AM-5PM; Th, 8AM-7PM; F, 8AM-1PM

Payment: Accepts most insurances and sliding scale fees

Link: https://www.oahcc.org/optin1614621304796

# HIV & SEXUAL HEALTH RESOURCES

#### MS Drug Assistance Program for Aids Patients (ADAP)

Services: Provides medication assistance through MSDH pharmacy - direct distribution to HIV

positive individuals who are uninsured or underinsured

Contact Info: 601.362.4879; 1.888.343.7373

Hours: M-F. 8AM-5PM

Requirements: Must be HIV positive, have a primary home address in MS, household income below

400% of Federal Poverty level

Link: https://adap.directory/mississippi

#### **HIV Early Intervention Services: Five Points**

Services: HIV counseling, testing, education, medical evaluation, linkage to primary care, etc.

Contact Info: 601.432.3237

Address: 350 West Woodrow Wilson, Suite 411, Jackson MS 39213

Hours: M-F. 8AM-5PM

Link:

https://msdh.ms.gov/msdhsite/\_static/14,13047,150.html#:~:text=Early%20Intervention%20Services %20(EIS),-

HIV%20Early%20Intervention&text=HIV%20testing%20and%20counseling%20is,at%20800%2D826 %2D2961.

#### Jackson-Hinds Comprehensive Health Center: South Jackson Clinic

Services: HIV/AIDS prevention/education, HIV test counseling, case management, HIV testing, etc.

Contact Info: 601.362.5321

Address: 145 Raymond Road, Jackson MS 39204

Hours: M-F. 8AM-5PM

Link: https://www.jackson-hinds.com/

#### Housing Opportunities for Persons with Aids (HOPWA)

<u>Services:</u> Housing needs and supportive services for persons living with HIV/AIDS and their families <u>Contact Info</u>: To apply for HOPWA assistance, contact Grace House (601.353.1038) or MUTEH (601.960.0557)

Requirements: Must be medically diagnosed with HIV and have low income

<u>Application Link</u>: https://www.jacksonms.gov/documents/2022-hopwa-application/

## MEDICATION RESOURCES

#### JFC Patient Assistance Program

<u>Description:</u> The JFC Patient Assistance Program enrolls patient In medication manufacturer programs to get brand named and typically unaffordable medications, Including Insulin, for free. Speak to the pharmacy or your medical team to get enrolled for a specific medication.

Contact Info: 601.355.5161

#### **Kroger Rx Savings Club**

Description: Free and discounted prescription medications with annual membership fee (\$36

individual, \$72 family). Apply online or by phone. Contact Info: 1.855.912.6346

Address: 4910 Interstate 55 North Frontage Rd, Jackson, MS 39211

Requirements: 18+

Information Link: https://support.krogersc.com/ hc/en-us/articles/360000927743-Membership Online

Application: www.KrogerSC.com Valued Price Medication List:

https://www.krogersc.com/drugs

#### GoodRx

<u>Description</u>: Free online discount cards for prescription medications. Enter the drug name, dose, and quantity that exactly matches the prescription. Present digital or printed coupons tot he pharmacy upon medication pick-up. Prices may vary by pharmacy and location.

<u>Link</u>: www.goodrx.com

#### Walmart \$4 List

<u>Description</u>: Free discounts on prescription medications through WalmartPharmacy. All are eligible.30-day supplies begin at\$4, 90-day supplies begin at \$10.

Complete Medication List:

https://www.walmart.com/cp/4-prescriptions/1078664

#### Mississippi Drug Card

<u>Description:</u> Free discounts on prescription medications. Request a discount card through the website. Provide digital or printed coupon to the pharmacy upon medication pick-up.

Helpline: 877.321.6755

Link: https://mississippidrugcard.com/

## **Overnight Shelters**

Stewpot: Matt's House, Women's Shelter

Services: Emergency shelter for women and children

Contact Info: 601.353.2759; 601.948.2873

Address: 1100 W. Capitol Street, Jackson, MS 39203

Serves: Women and children

<u>Hours</u>: Intake runs from 2PM to 10PM <u>Requirements</u>: ID, Social Security Card <u>Link</u>: http://stewpot.org/mattshouse

Salvation Army: Center of Hope

Services: Emergency housing, 10 consecutive days for free; also has transitional housing,

\$75/week for 3-6 months
Contact Info: 601.982.4881

Hours: 4:30-6:00 PM for Client Intake

Address: 110 Presto Lane, Jackson, MS 39206

Serves: Ages 19 and up

Requirements: TB test, Government issued ID, Free from alcohol and willingness to take random

drug tests, current medications, must not need assistance to perform daily duties

<u>Link</u>: https://salvationarmyalm.org/jackson/social-services/

Stewpot: Billy Brumfield House, Men's Shelter

<u>Services</u>: Overnight emergency shelter for homeless men for four nights a week (reset on Sunday); safe shelter, clean showers, nutritious food, a supportive community, and a drug and alcohol rehab

Contact Info: 601.948.2864

Address: 1244 S Gallatin St., Jackson, MS 39201

Serves: Males, 18 and older

Hours: Intake begins at 4:30PM (first-come, first-serve, up to 10 people)

Requirements: ID

Link: http://stewpot.org/billybrumfield

**Gateway Rescue Mission** 

Services: Emergency overnight shelter for men, showers, and breakfast and dinner

Contact Info: 601.353.5864

Address: 328 S Gallatin St, Jackson, MS 39203

Serves: Men over age 21

Hours: Open 7 nights a week, at 2:30PM (first-come, first-serve)

Link: https://gatewaymission.org/get-help/overnight-shelter/

### **Transitional Housing**

#### **Grace House**

<u>Services</u>: Transitional and permanent housing and supportive services for homeless and chronically homeless individuals and families living with disabling conditions; food pantry and job programs

Contact Info: 601.353.1038

Address: 236 Millsaps Ave, Jackson, MS 39202

Serves: Women in recovery for addiction, and men, women, and families living with hiv.

Link: https://www.gracehousems.org/

#### **Wingard Home**

Services: faith-based transitional home and shelter for homeless/displaced people,

providing housing, meals, clothes, jobs, referrals, etc.

Contact Info: 601.906.1976

Address: 1279 N West St, Jackson, MS 39202

Serves: Men, Women, Children, Families

<u>Link</u>: https://wingardhome.org/

#### Ruth's Refuge (Gateway):

Services: Shelter and Transitional Housing with life skills, transport, referrals, 7 days-6

months

Contact Info: 601.353.5864

Address: 1204 First Avenue, Jackson MS 39203

Serves: Single homeless woman over 21

Link: https://www.facebook.com/RuthsRefuge/

#### Common Bond Association, Inc.

Services: Transitional Housing, Halfway House, or Sober Home

Contact Info: 601.371.6841 x 4

Address: 855 South Plaza, Jackson MS 39204

Serves: Individuals in need of housing and substance abuse treatment

## **Transitional Housing**

#### **God's Haven**

Services: Transitional home for homeless families with credit repair

services and home buyer programs

Contact Info: 601.720.5078

Address: 6603 Jackson Raymond Road, Raymond MS 39154

Hours: 9am-1pm Mon-Fri

Link: https://www.gods-haven.com/

#### **Catholic Charities Inc. Shelter for Battered Families**

Services: Mental health assistance, abuse intervention, housing programs, and

services for parents, pregnant mothers, and migrants

Contact Info: 601.366.0750

Address: 850 E. River Place, Jackson MS 39202

Hours: 8am-5pm, Mon-Fri

Link: https://www.domesticshelters.org/help/ms/jackson/39201/catholic-charities-

shelter-for-battered-families

#### **New Dimensions Development Foundation, Inc.: Lizzie's House**

Services: Shelter for homeless women with children

Contact Info: 601.969.9856; 601.506.4149

Address: 111 W Monument St, Jackson MS 39202

Hours: 10:30am-2pm, Mon-Thurs

Serves: Homeless women with children

Link: https://www.facebook.com/pages/category/Nonprofit-organization/Lizzies-

House-251339541589167/

## **Day Shelters**

#### **Galloway United Methodist Church: Grace Place**

<u>Services</u>: Morning shelter, coffee and hot meals, to-go snack bags, phone usage, assistance obtaining photo identification, and agency and community referrals - Hygiene items and clothes closet on Thursdays

Contact Info: 601.353.9691

Address: 305 N Congress St., Jackson, MS 39201

Hours: 8:30AM - 10:30AM every weekday except Tuesday

<u>Link</u>: http://gallowayumc.org/ministry/missions-outreach-2-2/grace-place/

#### **Stewpot: Opportunity Center**

<u>Services</u>: Daytime shelter, offers a place to take showers, wash clothes, store bags, receive mail, use telephones and computers, receive case management services and referrals, resume and job search assistance

Contact Info: 601.949.3540

Address: 845 W Amite St., Jackson, MS 39203

Serves: Homeless clients 18 years and older

<u>Link</u>: https://www.facebook.com/OpportunityCenter/

#### **Shower Power**

**Services**: Showers and hygiene products

Contact Info: 601.941.2786

Address: 836 South Commerce Street, Jackson, MS 39201

Hours: Fridays, 8AM-1PM

Link: https://showerpower.ms/

### HOUSING FINANCIAL ASSISTANCE

#### JACKSON HOUSING AUTHORITY (JHA)

Services: Public housing for low-income families, the elderly,

and persons with disabilities

Contact Info: 601.362.0885; jha@jacksonhousing.org Address: 2747 Livingston Road, Jackson, MS 39213

Serves: Preference for "working" families, where the head, spouse, co-head, or sole

member is employed at least 20

hours per week, or families where the head and spouse, or sole member is a person age 62 or older, or is a person with disabilities

<u>Requirements</u>: Applicants are placed on a waiting list, where they will eventually be scheduled for an appointment to complete paperwork; eligibility is based on annual gross income along with family size, previous rental history, and criminal background and site requirements

Link: https://jacksonhousing.org/public-housing/

#### MISSISSIPPI UNITED TO END HOMELESSNESS (MUTEH)

Services: Rapid re-housing, permanent supportive housing for chronically homeless

individuals, emergency grants

Contact Info: 601.960.0557

Information Link: https://www.muteh.org/

Application Link: https://muteh.typeform.com/to/iArnlj6I

#### MISSISSIPPI REGIONAL HOUSING AUTHORITY

Services: Funding to assist low to moderate income families with their rent

Contact Info: 601.373.7040

Address: 2180 Terry Road, Jackson, MS 39204

#### Requirements:

- Income verification
- Bank statements
- drivers license, Social Security cards, and/or birth certificates)

Information Link: https://www.mrha6.org/section-8-housing-programs/waiting-lists-

applicants/eligibility-process/

<u>Application Link:</u> https://mrhavi.apply4housing.com/

## FINANCIAL STRAIN RESOURCES

## <u>Hinds County Human Resource Agency: Low-Income Home Energy Assistance Program (LIHEAP)</u>

**Description**: Assists with household energy bills

Contact Info: 601.962.5935; Easiest to call and make an appointment

Address: 258 Maddox Rx, Jackson, MS 39212

Serves: Special provisions for homebound, elderly, and disabled

Requirements: SSN, name, and contact numbers

Information Link: https://hchra.org/programs/liheap-low-income-home-energy-assistance-

program/

Eligibility Application Link: https://virtualroma.mdhs.ms.gov/

- Eligibility determined based on income and other factors. If eligible, you will be contacted to attend an orientation on Saturday at 8:45am.

Appointment Scheduling Link: https://hchra.itfrontdesk.com/

#### MS Lifeline Program

<u>Description</u>: Free cell phone service, free cell phone, and/or lifeline discounts; 1 line per household.

Contact Info: 866.488.8719

Serves: Government assistance or a household income that is at or below 135% of the Federal

**Poverty Guidelines** 

Requirements: Proof of government assistance or income level

Application Link: https://www.entouchwireless.com/states/mississippi-lifeline-free-phone-service

#### Salvation Army: Rental Assistance

<u>Description</u>: Support for rent, utilities, heating, and food distribution during a crisis along with back to school supplies, meals, homeless shelters, Christmas toys, and more.

Jackson Location Center Addresses and Contact Info:

110 Presto Ln, Jackson, Mississippi, 601.982.4881

1450 Riverside Dr, Jackson, MS, 601.969.7560

570 Beasley Rd, Jackson, MS, 601.398.0997

Requirements: Appointment, court ordered eviction notice. government issued ID. social security cards for all household members, & lease agreement, income documentation for the past 2 months, and recent bills

Link: https://salvationarmyalm.org/jackson/social-services/

\*must call individual locations for up-to-date information

## FINANCIAL STRAIN RESOURCES

#### **Entergy's Power to Care**

Description: Emergency bill payment assistance to seniors and disabled individuals in crisis.

Contact Info: 1.800.368.3749

Serves: Seniors and disabled individuals in a crisis

Requirements: Government issued ID, Copy of Utility Bill, Proof of SSA and/or Disability,

Benefit Statement for Current Year, Proof of any Additional Household Income

<u>Link</u>: https://www.entergy-mississippi.com/bill-help/

Participating Agencies: https://cdn.entergy-

mississippi.com/userfiles/content/your\_home/EMI\_MS\_AGENCIES.pdf?

ga=2.60838892.1999471995.1623596434-1879632712.1623596434

Entergy also offers payment deferral for up to 12 months.

#### **Weatherization Assistance Program**

<u>Description:</u> Designed to reduce energy costs for eligible families by increasing the energy efficiency of their homes while ensuring their health and safety

Contact Info: 601.359.4500

<u>Address</u>: 200 South Lamar St, Jackson MS 39201 <u>Serves</u>: Elderly, disabled, and low-income families

Requirements: <ust be within 200% of federal poverty guidelines and have valid photo ID,

social security card, birth certificates for household, proof of income, and residence

verification

Application Link: https://www.access.ms.gov/Application?lang=en

#### Xfinity Affordable Connectivity Program

<u>Description:</u> Provides qualified households with a credit of up to \$30/mo towards Internet and Mobile services

<u>Requirements</u>: must be within 200% of federal poverty guidelines and have valid photo ID, social security card, birth certificates for household, proof of income, and residence verification

Application Link: https://www.xfinity.com/learn/internet-service/acp#amieligible

## FOOD RESOURCES

#### Supplemental Nutrition Assistance Program (SNAP)

Description: Monthly benefits that help low income households buy food

Contact Info: SNAP Support: 800.948.3050; MS Department of Human Services: 601.359.4500

Address: 4777 Medgar Evers Blvd Jackson MS, 39283 (MDHS Office)

<u>Serves</u>: low wages, unemployed, or part-time workers, receive government benefits, or are elderly

or disabled

#### Requirements:

1. Proof of identity (driver's license, etc.) and Social Security Numbers for household

- 2. If employed, proof of income for the four weeks prior to interview or last filed tax return if self-employed.
- 3. Proof of residency (utility bills, etc.)

Information Link: https://www.mdhs.ms.gov/economic-assistance/snap/

Application Link: https://www.access.ms.gov/Application

- may request an application by phone, in-person, by fax, or by mail from your county office

#### We Will Go Ministries: We Will Feed

<u>Services</u>: Food ministry that helps supplement groceries for those in need; people in the community can come once a month and receive a large bag of grocery staples, frozen meats refrigerated essentials, and hygiene supplies

Contact Info: 601.398.2410

Address: 806 N Farish Street, Jackson, MS 39202

Hours: M-Th, 8AM-5PM

Link: https://www.wewillgo.org/blog/we-will-feed-october

#### **EversCare Food Pantry**

<u>Services</u>: Emergency food pantry, which is available to UMMC patients during weekdays and is available monthly to the broader community with high-quality food items

Contact Info: 601.815.3535; everscare@umc.edu

<u>Address</u>: Mississippi Urban League, 2548 Livingston Road, Suite 1, Jackson, MS 39213. (Jackson Medical Mall parking lot in front of UMMC conference center; red roof.)

<u>Hours</u>: Distributes food every third Wednesday of the month from 10am to 1pm and additionally as resources allow.

<u>Link</u>: https://www.umc.edu/evers-williams/Focus-Areas/health-care/EversCare.html

# FOOD RESOURCES

#### **Jackson Free Clinic Community Garden**

<u>Description:</u> Fresh fruits and veggies available for patients In the JFC lobby, based on current supplies and harvests

Contact Info: 601.355.5161

#### Galloway Methodist Church: Grace Place

Description: Morning shelter serving breakfast for the homeless and marginalized

Contact Info: 601.353.9691

Address: 305 N Congress St, Jackson, MS 39201

Hours: 8:30AM-10:30AM every weekday except Tuesday

Link: http://gallowayumc.org/ministry/missions-outreach-2-2/our-jerusalem/grace-place/

#### **Stewpot**

<u>Services</u>: Mini-grocery store that provides a four-day supply of food to carefully screened applicants

Contact Info: 601.353.2759

Address: 1100 W Capitol St., Jackson, MS 39203

Hours: M-F, 9AM-11AM

<u>Requirements</u>: Rent receipt or lease agreement, current utility bill in your name, social security card, ID. proof of income, birth certificate for all children in the household

<u>Link</u>: http://stewpot.org/food

#### **Good Samaritan Center: Food Assistance**

<u>Description</u>: Helps individuals and families who are either in the process of applying SNAP benefits (food stamps) or having a verifiable food emergency

Contact Info: 601.355.6276

Address: 114 Millsaps Ave, Jackson, MS 39202

Hours: M, W-F 9AM-4PM

Requirements: ID & Social Security cards for parents and all dependent minors in the household

- Custody paperwork if the children in your household are not your biological children, AND
- Recent lease or utility bill to confirm your residence.

<u>Link</u>: https://goodsamaritancenter.org/how-we-help/food-assistance/

## FOOD RESOURCES

#### Salvation Army: Food Assistance

Services: Provides nutritious meals to those in need

Contact Info: 601.982.4881; call to schedule an appointment

Hours: M-F, 8:30AM-12PM & 1PM-4PM

Address: 110 Presto Lane, Jackson, MS 39206

Serves: Homeless people of all ages and those in need of some extra assistance

Requirements: ID and proof of residency

Link: https://salvationarmyalm.org/jackson/social-services/

#### **Double Up Food Bucks**

<u>Description:</u> Free guided nutrition education tour helpful for understanding nutrition facts and labels and discovering how to plan healthy, balanced meals for you and your family.

Contact Info: 601.353.9691

Address: Cash Saver by Vowell's | 2101 Raymond Rd. Jackson Hours: 11AM and 1PM tours on the first Saturday of the month

Link: https://app.smartsheet.com/b/form/dd69bee2d88c4d5892e83bda5b82e6b7

#### **Gateway Rescue Mission**

<u>Services</u>: Serve lunch to anyone who is hungry and serve breakfast and dinner to those staying in programs overnight

Contact Info: 601.353.5864

Address: 328 South Gallatin Street, Jackson, MS 39203

Serves: General homeless population and anyone who is hungry

Hours: 12PM seven days a week

<u>Link</u>: https://gatewaymission.org/get-help/meals-program/

#### **Jackson Community Response**

Services: Provides food and health/safety supplies

Contact Info: jacksoncovidcommunityresponse@gmail.com

Serves: Elderly, immunocompromised, financially strained, JPS students, and more

Requirements: Send email including phone number OR fill out forms at JFC

<u>Link</u>: https://www.jacksoncommunitycovidresponse.com/

## MS FOOD NETWORK PARTNERS

#### **Rosemont Human Services**

Contact Info: 601.826.1325

Address: 3930 Office Thomas Catching Drive,

Jackson, MS 39206

Hours: 3rd Saturday of each month

Link:

https://www.msfoodnet.org/location/rosemont-

human-services-fp/

## Central United Methodist Church Food Pantry

Contact Info: 601.355.7858

Hours: 2nd Saturday of each month, 7:30am-

10am

Address: 500 N Farish Street, Jackson MS

39202 Link:

https://www.msfoodnet.org/location/centralunited-methodist-church/

#### **Voice of Calvary Food Pantry**

Contact Info: 601.969.3088

Address: 531 W Capitol St, Jackson MS 39203

Hours: 2nd Tuesday 2:30-5:30pm and last

Wednesday 3-6pm

<u>Link</u>: https://www.msfoodnet.org/location/voice-

of-calvary/

#### Pearl St Comm. Dev. Corp

Contact Info: 601.352.6087

Hours: Mon-Thurs, 2pm-6pm

Address: 2519 Robinson St, Jackson MS

39209

<u>Link</u>: https://www.msfoodnet.org/location/pearl-

street-comm-dev-corp/

These are just a few examples of MFN distribution locations. Visit msfoodnet.org for more info.

## IONA House Food Pantry: A Ministry of St. Columb's Church

Contact Info: 601.853.0205

Address: 315 Claiborne Avenue, Jackson MS

39209

Link: https://www.stcolumbs.org/iona-house

#### **Care Center Ministries**

Contact Info: 601.951.2159

Address: 785 N President St, Jackson, MS

39202

Hours: Wednesday 11-1

Link: https://www.msfoodnet.org/location/care-

center-ministries/

#### **Operation Upward Food Pantry**

Contact Info: 601.355.7858 Hours: Mon-Fri, 9am-6pm

Address: 500 N Farish Street, Jackson MS

39202

<u>Link</u>:

https://www.msfoodnet.org/location/central-

united-methodist-church/

#### My Brother's Keeper

Contact Info: 769.216.2455

Address: 805 River Place Drive, Jackson MS

39202

Hours: Wednesday and Friday, 10am-1pm

<u>Link</u>: https://www.msfoodnet.org/location/my-

brothers-keeper/

#### **Alta Woods UMC**

Contact Info: 601.355.7858

Hours: Tues-Thurs, 10am-12pm and 1:30-

3:30pm

Address: 109 Alta Wods Blvd, Jackson MS

39204

## TRANSPORTATION RESOURCES

#### Jatran:

 $\underline{\text{Description}}\text{: Public transportation in Jackson with}$ 

11 routes

To get to JFC, use JATRAN Bus Route 8: Get off at Palmyra & Cohea stop, walk up Cohea St. one block and take a left on MLK Dr. The clinic is on your left.

Contact Info: 601.952.1000

Address: Union Station - 300 W. Capitol St.,

Jackson, MS 39207

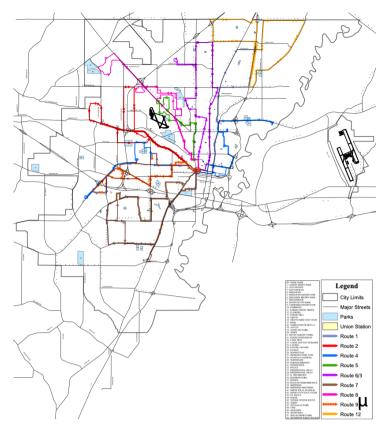
<u>Serves</u>: Discounted fares for seniors (60+), persons with disabilities, and Medicare card holders; rides are temporarily free during the

COVID-19 pandemic

Link:

https://moovitapp.com/index/en/public\_transit-

lines-Jackson\_MS-4326-926772



#### **Medicaid Transportation:**

<u>Services</u>: Arranges rides free of charge to your health care provider for a covered medical service

Contact Info: 1.866.331.6004

Address: 6360 I-55 North, Suite 201, Jackson, MS 39211

Serves: Fee for Service (FFS) Medicaid beneficiaries throughout the state

Requirements: Medicaid ID or SSN

Link: https://www.mtm-inc.net/mississippi/

#### **Jackson Medical Mall:**

<u>Services</u>: Transportation services to senior citizens and disabled individuals living in Hinds County and ensures reliable and safe transportation services for individuals receiving cancer treatment at UMMC Cancer Institute

Also includes a Transportation Voucher Program that allows senior citizens and disabled individuals to secure transportation services after-hours, during the week and on weekends.

Contact Info: 601.982.8467

Make Reservation: 769.235.8235

Address: 350 West Woodrow Wilson, Jackson, MS 39213

Serves: Ages 60+ or disabled individuals

Requirements: Must certify with City of Jackson for 1st time of service

<u>Link</u>: http://jacksonmedicalmall.org/services/transportation-2/

The <u>Jackson Free Clinic</u> now has Uber Health available for patients who do not have transportation to appointments.

## EMPLOYMENT RESOURCES

#### **Jackson WIN Job Center**

Services: Job search and placement assistance, internet access, resume prep, phones, info on

benefits

Contact Info: 601.446.3296

Address: 5959 I-55, Jackson, MS 39213

Hours: M-F, 8AM-5PM; Closed Wednesday at 4PM

<u>Link</u>: https://mdes.ms.gov/win-job-centers/jackson-win-job-center/

#### ReSkill Mississippi

Description: Select training and certification courses at no cost; training opportunities that helps you

get skills, get hired, and get back to work

Requirements: Negatively impacted by COVID-19 and looking for a new job

Information Link: https://www.hindscc.edu/reskill

Application Link: https://reskillms.com/train-for-a-job-train-on-the-job/

#### **Temporary Assistance for Needy Family (TANF)**

<u>Description</u>: Designed to help families achieve self-sufficiency through employment and training;

assistance with childcare and transportation expenses are available

Contact Info: 1.800.948.4060 or 601.359.4810

Serves: Families with needy children under the age of 18

#### Requirements:

Identity of person making application

Divorce decree, marriage license, death certificate for spouse

Proof of relationship of children to you

Checking or savings account, or union or bank statement

Social Security number for all individuals

Rent and Utility expenses, income, proof of residence

Application Link: https://www.access.ms.gov/Application

#### **Hinds Cares Summer Grant**

<u>Description</u>: Free courses are open to current Hinds students, dual-enrolled students, high school graduates, transfers from other colleges and universities.

Contact Info: 601.857.3767; cares@hindscc.edu

Address: 3925 Sunset Drive, Jackson, MS 39213-5899

Requirements: Apply, submit transcripts and scores, and register for classes

Link: https://www.hindscc.edu/summer

MS Department of Employment Security: https://wings.mdes.ms.gov/wings/welcome.jsp unemployment claims, veteran services, job search resources/postings/training

### SUBSTANCE USE DISORDER RESOURCES

#### A COMPREHENSIVE TOBACCO (ACT) PROGRAM

<u>Services</u>: Free or low cost treatment for those seeking to quit tobacco use.

Contact Info: 601.815.1180

Address: Jackson Medical Mall 611, 350 West Woodrow

Wilson Drive, Jackson, MS 39213

<u>Serves</u>: 18+

Hours: Monday through Friday from

8:00 am - 5:00pm. Evening clinic hours available.

Link: http://www.act2quit.org/treatment/

#### CATHOLIC CHARITIES: BORN FREE PRIMARY RESIDENTIAL TREATMENT

Services: Substance abuse treatment, Transitional housing or halfway house, Accepts clients on

opioid medication

Contact Info: 601-922-0026

Address: 805 N Flag Chapel Road, Jackson, MS, 39209

Link: http://www.catholiccharitiesjackson.org

#### HINDS BEHAVIORAL HEALTH DROP-IN CENTER

<u>Services</u>: help homeless individuals with serious mental illness gain access to housing, treatment, and recovery support, including laundry, showers, food, etc.

Contact Info: 601.398.0066

Address: 628 W Capitol Street, Jackson, MS 39203

Serves: homeless adults 18+ who are dealing with mental illness and substance abuse.

Hours: M-F 8:00 a.m.-4:30 p.m.

Link: https://hbhs9.com/drop-in-center/

#### MEDICATION-ASSISTED TREATMENT FROM MISSISSIPPI HORIZONS

<u>Services</u>: Substance use disorder evaluations, medications for SUD, psychological treatment from psychologists, transportation, and more

<u>Serves</u>: MS residents with substance use disorder who want to make a change and have access to a device with internet, such as phone or laptop

Email: telemat@umc.edu

<u>Information Link</u>: https://umc.edu/Research/Centers-and-Institutes/Centers/Center-for-Innovation-and-Discovery-in-Addictions/Clinical-Care/Mississippi-Horizons/Services.html

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Referral Link: https://redcap.umc.edu/surveys/?s=H9WAWLYEJA4LPL9E

## SUBSTANCE USE DISORDER RESOURCES

#### FREE NALOXONE FOR MS

Services: Free naloxone kits for anyone in the community who is either at risk for opioid overdose or is in an environment with others at risk for opioid overdose.

<u>Link</u>: https://odfree.org/get-naloxone/

#### FRIENDS OF ALCOHOLICS

<u>Services</u>: Free Christian ministry that provides drug and alcohol abuse assistance and support. The 3-phase program begins with an 8 week Bible course, where attendees will live at the house center. Call to join waitlist.

Contact Info: 601.362.4275; foaministry217@gmail.com

Address: 1298 Foa Rd, Jackson, MS, 39209 Link: https://friendsofalcoholics.blogspot.com/?

fbclid=IwAR2qcSdFgmMPueF6mWb15-KKispVPFsEQFEXrdTnbitqAdIU9bNGeZzcMw0

#### CENTER FOR INDEPENDENT LEARNING: THE FRIENDSHIP CONNECTION

Services: Residential treatment facility that provides

Alcohol and Drug Counseling, Education, Job Placement, Housing Assistance, Recovery Support

Services, and Job Readiness Program

Contact Info: 601.373.1533, ext. 2 (8AM-5PM) or ext. 3 (5PM-8AM)

Address: 1480 Raymond Road, Jackson, MS 39204

Serves: Females with a history of addiction to chemical

substances

Requirements: The admissions process begins with a Pre-Screening Application and Assessment. The fees for admission into the primary and residential transitional programs are affordable and payment plans are available.

Link: http://www.thefriendshipconnectionjackson.com/

#### **GATEWAY RESCUE MISSION**

<u>Services</u>: A Christian organization offering a 6-month residential program to those seeking help overcoming drug or alcohol addiction.

Contact Info: 601.944.0409

Address: 328 South Gallatin Street, Jackson, MS 39203 Serves: Men 21+ who are willing to overcome addiction. Hours: M-Th 7:30 a.m.-4:30 p.m. F 7:30 a.m.-1:30 p.m.

Link: https://gatewaymission.org/

# IPV RESOURCES

#### **Center for Violence Prevention**

<u>Services</u>: Crisis line, temporary shelter, two-year long residential program for victims of human trafficking, 2nd chance store, forensic services, legal assistance, and education

Contact Info: Crisis Line: 601.932.4198; In-State Toll Free: 1.800.266.4198; Human Trafficking:

1.888.373.7888 <u>Address</u>: Pearl <u>Hours</u>: 24 hours

Requirements: Call crisis line Link: https://www.msc4vp.org/

#### MS Attorney General: Bureau of Victim Assistance

<u>Services</u>: Assistance obtaining victims' rights, assistance with the Crime Victim Compensation Application, criminal justice and court related services, crisis intervention, information about the Mississippi Crime Victims' Bill of Rights, general information and referral to appropriate victim service providers, notification of Court of Appeals and Supreme Court decisions, personal advocacy and support services, victim advocacy

Contact Info: 601.359.4251; victimassistance@ago.ms.gov

Address: P.O. Box 220, Jackson, MS 39205-0220

<u>Link</u>: https://www.ago.state.ms.us/divisions/bureau-of-victim-assistance/

#### **Catholic Charities: Shelter for Battered Families**

<u>Description</u>: Emergency shelter offering 30-day temporary stay, batterer intervention program, 24-hour crisis line, emergency transportation, rape crisis and IPV management

Contact Info: 601-366-0750

Must Call Crisis Line to Get Into Shelter: 601.366.0222 or 1.800.273.9012

<u>Address</u>: 850 East River Place, Jackson, MS 39202 <u>Serves</u>: Victims of spouse abuse and their children

Hours: 24 hours/7 days a week

<u>Link</u>: https://www.womenshelters.org/det/catholic\_charities\_shelter\_for\_batttered\_families

#### MS Coalition Against Domestic Violence

Services: Information and referral for victims of domestic violence

Contact Info: 601-981-9196; Crisis: 800-898-9196

Serves: Victims of domestic violence

Link: https://mcadv.org/

National Domestic Violence Hotline: 1.800.799.SAFE(7233) or 1.800.787.3224



#### **Open Arms Healthcare Center:**

601-500-7660

Culturally competent healthcare services among underserved populations, especially LGBTI community; preventative, reproductive, mental, and social care

805 E River Pl, Jackson, MS 39202

#### **UMMC Express Personal Health Clinic:**

601-815-5861

prevention services, and connections to primary care, mental health, and specialty providers

3rd floor of Jackson Medical Mall. 350 W. Woodrow Wilson Avenue

#### **OUTMemphis**:

901-278-6422

www.outmemphis.org/resources/ Empowers, connects, educates, & advocates for the LGBT community of the Mid-South

892 Cooper St, Memphis, TN 38104

#### **UMMC TEAM Clinic:**

601-984-2644; teamclinic@umc.edu Primary care, gender affirmative medicine, including hormone therapy, HIV/STD screening and treatment, and behavioral health services

2550 Flowood Drive, Flowood, MS 39232

#### **The Spectrum Center:**

601-909-5338

Sexual health screening and counseling, HIV Free HIV testing and other healthcare and hosts various social functions and support groups to provide for the physical, emotional, social and spiritual needs of the LGBTQ community

210 S 25th Ave, Hattiesburg, MS 39401

#### **PFLAG Jackson:**

www.pflagjacksonms.wordpress.com Confidential peer support, education, and advocacy to LGBTQ+ people, their parents and families, and allies

1445 Clinton-Raymond Road

#### **HOTLINES:**

#### **Crisis Text Line:**

Text LGBTO to 741741

The Gay, Lesbian, Bisexual and Transgender

**National Hotline:** 

(888) 843-4564

**Pride Institute:** 

(800) 547-7433, 24/7

Chemical dependency/mental health referral and information hotline for the LGBTQ community.

**LGBT National Youth Talkline:** 

800-246-7743

**SAGE LGBT Elder Hotline:** 

877-360-5428

**Trans Lifeline:** 

(877) 565-8860

The Trevor Project: crisis intervention and suicide

prevention services for young people, 13-24

Talkline: 1-866-488-7386

**Textline: Text START to 678678** 

www.thetrevorproject.org/get-help/